

Activity Level	Activity Level Description
1.	Enter/exit vehicle with minimal assistance, climb some stairs, stand for up to an hour, and walk a few blocks indoors or out.
2.	Level I, plus: climb some flights of stairs and walk on uneven surfaces.
3.	Levels I & II, plus: healthy, mobile, and able to participate in 3-5 hours of daily physical activity.
4.	Levels I - III, plus: able to participate in 6 hours of daily moderate activity.