



Thank you for choosing PersonalCare. Our goal is to provide you and your family with quality health care coverage. The following information regarding your pharmacy benefits will assist you in your transition to PersonalCare.

New Member Pharmacy Transition Information

PersonalCare uses a three-tier formulary. Tier One drugs include most generics. Drugs listed in Tier One will cost you the least amount of money. Tier Two drugs include brand name drugs that are considered formulary or preferred medications. These drugs typically are not available in generic form and will cost you more than the generics. Most other prescription drugs fall into Tier Three. Tier Three drugs are brand name or generic medications that are not included in the formulary and are therefore considered non-preferred. Tier Three medications will cost you the most.

Formulary

It's important to note that PersonalCare's formulary likely differs from the formulary used by your current health plan. Some drugs may be classified differently. For example, PersonalCare may classify a certain drug as Tier Three, while your current health plan might consider the same drug a Tier Two medication. If you are currently taking prescription drugs, you may want to consider speaking with your health care provider to ensure that your current prescriptions qualify as Tier One or Two drugs with PersonalCare. If you are currently taking a drug that is considered Tier Three by PersonalCare, your provider may be able to assist you in finding a Tier One or Two alternative in order to keep your out-of-pocket costs as low as possible. Some examples of commonly prescribed medications which are on Tier Three for PersonalCare include:

Abilify	Cymbalta	Paxil CR
Accu-Chek and other non-Lifescan test strips and meters	Geodon	Prevacid
Aciphex	Lamictal	Relpax
Adderall XR	Levitra	Tricor
Ambien CR	Lipitor	Topamax
Byetta	Lyrica	Viagra
Cialis	Nexium	Wellbutrin XL
Clarinet	Novolin	Xyzal
Cozaar	Novolog	Zetia
	OxyContin	Zyprexa

Prior Authorization*

Some prescription drugs require prior authorization from PersonalCare in order to be covered under your pharmacy benefit. Prior authorization means that approval must be obtained from PersonalCare prior to receiving certain medications. Prior authorization medications include those that: (1) are not suggested for first-line therapy; (2) may require special tests before starting them; or (3) have very limited approval for use. If you currently take any of the following prior authorization medications, please contact your prescribing provider immediately to begin the authorization process:

Accu-Chek and other non-Lifescan test strips and meters	Daytrana	Nuvigil	Sancuso	Thalomid
Accutane	Exjade	Opana IR	Savella	TOBI
Actiq	Fentora	OxyContin	Selzentry	Tracleer
Afinitor	Gleevec	Promacta	Sporanox	Tykerb
Ambien CR	Hycamtin	Provigil	Sprycel	Uloric
Amitiza	Iressa	Pulmicort Respules	Striant	Vancocin
Androderm	Isentress	Pulmozyme	Suboxone	Ventavis
Androgel	Keppra XR	Qualaquin	Subutex	Vfend
Buphenyl	Kuvan	Ranexa	Sutent	Xeloda
Byetta	Letairis	Rebetol	Symlin	Xenazine
Coartem	Lunesta	Regranex	Tarceva	Xyrem
Copegus	Lyrica	Relistor	Tasigna	Zavesca
Cymbalta	Marinol	Revatio	Temodar	Zolinza
	Nexavar	Revlimid	Testim	Zyvox
	Noxafil	Rozerem	Testoderm	

Step Therapy Program

Some drugs on PersonalCare's prior authorization list are part of PersonalCare's Step Therapy program, which operates under our prior authorization process. Step therapy drugs require the use of one or more *first-line* drugs before a *second-line* drug is approved. *First-line drugs* are drugs that are nationally accepted and have been proven to be safe and effective in treating a condition. *Second-line drugs* are designated as such because they have not been proven to be safer or more effective in treating the same condition as the first-line drugs, and their cost is considerably greater. Your provider will assist you in determining if your current drug requires step therapy.

If you currently take any of the mentioned medications, please contact your prescribing provider immediately to discuss alternatives or initiate the required authorization process.

**PersonalCare's prior authorization list is subject to change throughout the plan year.*

Prior authorization criteria and forms are available on PersonalCare's website (www.PersonalCare.org).