

Methodist First Choice and PersonalCare/Coventry Network

All eligible employees who select the PersonalCare network must use the Methodist First Choice Network locally. To find providers, go to www.mymethodist.net.

PersonalCare offers an expansive network (outside the Methodist First Choice Network area) throughout the state including key tertiary medical facilities in St. Louis, Iowa City and Chicago. The PersonalCare network includes more than 10,000 providers in Illinois and Missouri. Members who select the Personal Care/Methodist First Choice option may access the Personal Care network providers *outside the Methodist First Choice Network area (generally defined as 25-mile radius from Peoria)*.

All retirees and dependent children who are out of the Methodist First Choice Network area can utilize the PersonalCare/Coventry National Network. The Coventry National Network includes more than 570,000 providers throughout the United States. In order to find a Coventry National Network provider, please go to www.personalcare.org and follow the below instructions:

- **Select Locate a Provider** at the top of the page
- **Scroll down to Out-of-Area Providers: PPO Members**
- **Select Search for a Coventry Health Care National Network provider**
- **Select Coventry National Network – Out of Area** from the drop down