

# Department of Nursing

Approved by the Illinois Department of Professional Regulation (IDPR).

Accredited by the National League for Nursing Accrediting Commission (NLNAC), 61 Broadway, New York, NY 10006 (212) 363-5555, ext. 153

**FACULTY** *Associate Professors Ammer (chair) Cluskey (associate chair), Flannigan, Ruthman; Assistant Professors Baylor, Brubaker, Cram, Erickson, Gard, Hinrichsen, Kookan, Jackson, Stockmann.*

The Department of Nursing offers an undergraduate curriculum leading to a Bachelor of Science in Nursing (B.S.N.). Graduates of the program are eligible for licensure as a registered nurse (R.N.) upon successful completion of the National Council Licensure Examination (NCLEX-RN).

The purpose of the program is to prepare graduates for the beginning practice of professional nursing in a variety of settings. To achieve this purpose, a four-year educational program is provided which includes foundation, elective, and supporting courses in the humanities, the social sciences, the sciences, mathematics, and the theory and practice of nursing. The nursing major is concentrated at the upper division level. The Department of Nursing faculty believes that professional nursing responds to the needs of society by helping persons, families, and communities through therapeutic nursing care, which encompasses health teaching, health maintenance, and health promotion. The professional nurse uses clinical judgement to assist clients in achieving optimal health and adapting to altered states of health. The nursing courses provide for the acquisition of knowledge and the development of attitudes, skills, and values essential to professional nursing practice.

The objectives of the curriculum are to prepare graduates for (1) professional growth and advancement through acquired knowledge and experience; (2) graduate study in a major field of concentration in nursing; and (3) continuous personal growth and development.

The faculty of the Department of Nursing reserves the right to revise policies and course requirements based upon changes in accreditation, licensure, and nursing practice.

## Admission

Applicants must meet the admission requirements of the University and of the Department of Nursing. A personal interview with a member of the faculty of the Department of Nursing is highly desirable before admission.

## Instruction and Requirements

Instruction is provided in classrooms and laboratories on the campus and in a variety of health care agencies in the community. Clinical experiences (practicum) are planned and supervised by Department of Nursing faculty members.

In addition to the fees and expenses listed in the University catalog, students majoring in nursing are financially responsible for the purchase and maintenance of uniforms, for certain practicum and laboratory supplies and materials, and for transportation between the campus

and the community agencies where clinical experiences are provided.

Prior to enrollment in the first nursing course that includes a practicum, each student must show proof of

1. Liability insurance.
2. Immunity to rubeola (measles) by one of the following:
  - a. a rubeola (measles) immunization received in 1980 or later, or
  - b. written verification from a physician of having had the disease, or
  - c. a birth date prior to 1957.
3. Immunity to rubella (German measles) by one of the following:
  - a. written verification of having had the immunization, or
  - b. written verification of rubella titer.
4. Immunity to hepatitis B virus.
5. Tuberculin test (renewable annually).
6. Proof of current CPR (healthcare provider or professional rescuer) and first aid certification.

These requirements must be current for the entire academic year of enrollment in NUR 200, 203, 204, 206, 207, 306, 307, 308, 309, 314, 315, 316, 317, 404, 408, 409, 410, 414, 417, and 418.

In order to progress in the nursing program, students must pass the designated competency test(s) for each respective nursing course.

Graduation requirements include a course in statistics (MTH 111, QM 262, PSY 205, or ELH 510).

Students must maintain a 2.50 cumulative grade point average in order to enroll in nursing courses identified as "majors only."

Students must earn a grade of C or better in every required nursing course.

Students must earn a grade of C or better in BIO 200 and 203 Anatomy and Physiology and lab, BIO 205 Pathophysiology, and BIO 202 Microbiology.

Transfer students are evaluated for admission on an individual basis. A fifteen-year limitation on transfer credit will be imposed on courses in chemistry, physiology, microbiology, and nutrition.

Licensed nurses must meet the admission requirements of the University and of the Department of Nursing. Nurse applicants must submit a transcript from an approved school of nursing and verification of current Illinois licensure.

Registered nurses may earn up to 31 semester hours of credit for prior learning. Following completion of NUR 300, 303, and 310 with a minimum grade of "C," the registered nurse student may enroll in required senior nursing courses. Licensed practical nurses may earn up to 11 semester hours of credit for prior learning. Following completion of NUR 300 and 310 with a minimum grade of "C," the licensed practical nurse student may enroll in required junior nursing courses.

Students majoring in nursing will pursue the following recommended curriculum:

**Freshman Year**

*First Semester*

COM 103 Oral Comm. Process .....	3
PSY 104 Principles of Psychology: Social Forces and Individual Behavior .....	3
CHM 100 Fund. of Gen. Chem.....	4
BIO 121 Life Science I.....	3
MTH 111 Elementary Statistics .....	3
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	16

*Second Semester*

ENG 101 Composition .....	3
CHM 151 Fund. of Organic Chemistry .....	2
CHM 152 Fund. of Biochemistry .....	2
<sup>1,2</sup> BIO 202 Microbiology and Immunology .....	4
SOC 100 Soc. Perspective .....	3
Elective or General Education.....	2
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**Sophomore Year**

*First Semester*

<sup>1,2</sup> BIO 200 Anatomy and Physiology .....	3
<sup>1,2</sup> BIO 203 Anatomy and Physiology Lab.....	2
<sup>1,2</sup> NUR 200 Fundamentals of Nursing (T) .....	4
<sup>1,2</sup> NUR 203 Fundamentals of Nursing (P) .....	2
<sup>1,2</sup> FCS 303 Nutrition.....	3
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	14

*Second Semester*

<sup>1,2</sup> BIO 205 Pathophysiology .....	3
<sup>1,2</sup> NUR 204 Intro. to Health Assessment .....	2
<sup>1,2</sup> NUR 206 Adult Health I: Intro. to Medical-Surgical Nursing (T) .....	3
<sup>1,2</sup> NUR 207 Adult Health I: Intro. to Medical-Surgical Nursing (P) .....	2
PSY 304 Developmental Psychology .....	3
Elective or General Education.....	3
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	16

**Junior Year**

*First Semester*

<sup>1</sup> NUR 306 Maternal/Newborn Nursing (T).....	3
<sup>1</sup> NUR 307 Maternal/Newborn Nursing (P) .....	2
<sup>1</sup> NUR 308 Nursing of Children (T) .....	3
<sup>1</sup> NUR 309 Nursing of Children (P) .....	2
NUR 318 Pharmacology & Nursing Implications.....	2
PSY 345 Abnormal Psychology.....	3
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	15

*Second Semester*

NUR 303 Research in Nursing.....	3
<sup>1</sup> NUR 314 Psychiatric/Mental Health Nursing (T) .....	2
<sup>1</sup> NUR 315 Psychiatric/Mental Health Nursing (P) .....	2
<sup>1</sup> NUR 316 Adult Health II: Medical-Surgical Nursing (T) ..	4
<sup>1</sup> NUR 317 Adult Health II: Medical-Surgical Nursing (P) ..	2
Elective or General Education.....	3
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	16

**Senior Year**

*First Semester*

NUR 404 Community Health Nursing (T).....	2
NUR 408 Adult Health III: Medical-Surgical Nursing (T) ..	3
NUR 409 Senior Practicum I (P) .....	5
Jr. ENG Composition (ENG 300, 301, 304, 305, or 306).....	3
Electives or General Education.....	3
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	16

*Second Semester*

NUR 410 Adult Health IV: Nursing Care of the Patient with Multi-System Challenges (T) .....	3
NUR 414 Senior Seminar I .....	1
NUR 417 Senior Practicum II (P) .....	5
NUR 418 Nursing Leadership (T) .....	1
Electives or General Education .....	5
	15

## Course Descriptions

### **NUR 100 Introduction to the Nursing Profession 1 hr.**

Students explore contemporary issues within the nursing profession. Historical development of the roles in nursing, perspectives on current delivery of health care, nursing education, nursing literature, professional licensing, ethics, and legal issues will be discussed.

### **NUR 163 Health of the School Age Child 3 hrs.**

School health services and health education; emphasis on health promotion and prevention of health related problems. Recognition and management of common health problems of the school age child.

### **NUR 200 Fundamentals of Nursing (Theory) 4 hrs.**

Introduction to Nursing. Concepts and theories of individuals, society, and health. Nursing process as the basis for promoting wellness within the health care delivery system. Prerequisites: SOC 100, PSY 104, CHM 100, 150 or 151, 152. Corequisite: NUR 203 or consent of department chair.

### **NUR 203 Fundamentals of Nursing (Practicum) 2 hrs.**

Selected practicum experiences correlated with theoretical content of NUR 200 (Fundamentals of Nursing) and applied to individual's adaptive responses. Prerequisites: majors only, sophomore standing, PSY 104, SOC 100, CHM 100, 150 or 151, 152. Corequisite: NUR 200 or consent of department chair.

### **NUR 204 Introduction to Health Assessment 2 hrs.**

Students utilize previously learned communication techniques and newly learned physical assessment techniques to complete a comprehensive approach to health history and physical assessment. Significance of normal and abnormal findings is emphasized. Prerequisites: NUR 200, 203, BIO 200 (minimum grade of C), BIO 203 (minimum grade of C), FCS 303 or equivalent or consent of department chair. Corequisites: NUR 206, 207, PSY 304.

### **NUR 206 Adult Health I: An Introduction to Medical-Surgical Nursing (Theory) 3 hrs.**

An introduction to medical-surgical nursing with emphasis on health promotion and restoration. Concepts and theories of nursing care of the adult are applied to foster the adaptive response of individuals. Prerequisites: majors only, BIO 200 (minimum grade of C), BIO 203 (minimum grade of C), NUR 200, 203. Corequisites: BIO 205 (minimum grade of C), NUR 204, 207, PSY 304.

### **NUR 207 Adult Health 1: An Introduction to Medical-Surgical Nursing (Practicum) 2 hrs.**

Selected practicum experiences correlated with theoretical content of NUR 206 (Adult Health 1) that foster adaptive responses. Prerequisites: majors only, BIO 200 (minimum grade of C), BIO 203 (minimum grade of C), NUR 200, NUR 203. Corequisites: BIO 205 (minimum grade of C), NUR 204, NUR 206, PSY 304.

### **NUR 217 Men's Health Issues 2 hrs.**

Biological, epidemiological, psychological, and sociological aspects of men's health. Specific preventive and health promotion activities for health problems.

### **NUR 219 Women and Health 3 hrs.**

Basic scientific and sociological knowledge related to women's health: social, emotional, and physiological components of selected health problems of women. Historical development of the health care system and social values as they relate to women and their health: evolution of health care today as it relates to women.

### **NUR 220 Alcohol: Use and Abuse 3 hrs.**

Development of alcohol as the most widely-used drug. Psychological and physiological effects on the person; effect on the family and society; therapeutic approaches to alcohol abuse.

### **NUR 221 Substance Abuse 3 hrs.**

Psychosocial and physiological impact of substance abuse on the individual, family, and society: self-awareness, culture, tolerance, withdrawal, and motivation.

### **NUR 233 Sexually Transmitted Diseases 1 hr.**

Common sexually transmitted diseases: social and physical factors affecting their occurrence; avoidance and treatment.

### **NUR 263 Introduction to Personal & Community Health 3 hrs.**

Introduction to health concepts and practices which affect individuals and groups in society.

### **NUR 300 Conceptual Bases for Professional Nursing (Theory) 3 hrs.**

Theories of nursing, professional roles, the nursing process, adaptation theory, nursing research, and societal influences on nursing and health. Prerequisites: Illinois LPN or RN licensure; consent of department chair.

### **NUR 303 Research in Nursing 3 hrs.**

As a consumer of research, the student evaluates published nursing research and its importance to the profession. The student examines steps of the research process in critiquing literature and writing a comprehensive review of literature. Use of the computer in nursing research correlated with study of the research process. Prerequisites: majors only, junior standing, ENG 101. Corequisite: Math III or equivalent.

### **NUR 306 Maternal-Newborn Nursing (Theory) 3 hrs.**

Theoretical overview of maternal/newborn nursing with emphasis on application of the nursing process to individuals and families. Concepts and theories of nursing care of the expanding family are discussed to foster the adaptive responses. Prerequisites: NUR 204, 206, 207, PSY 304, FCS 303, BIO 202. Corequisites: NUR 307, PSY 345 or consent of department chair.

<sup>1</sup> Registered nurses may receive credit by examination for these courses.

<sup>2</sup> Licensed practical nurses may receive credit by examination for these courses.

- NUR 307 Maternal-Newborn Nursing (Practicum) 2 hrs.**  
Selected practicum experiences correlated with theoretical content of NUR 306 that foster patient/client adaptive responses. Prerequisites: NUR 204, 206, 207, PSY 304, FCS 303, BIO 202. Corequisites: NUR 306, PSY 345 or consent of department chair.
- NUR 308 Nursing of Children (Theory) 3 hrs.**  
Nursing care of the child with emphasis on caring for the infant, toddler, child, adolescent, and family with acute and chronic disease. Growth and development, health promotion, and disease prevention are emphasized. Prerequisites: NUR 204, 206, 207, PSY 304, FCS 303, BIO 202. Corequisites: NUR 309, PSY 345.
- NUR 309 Nursing of Children (Practicum) 2 hrs.**  
Selected clinical experiences correlated with theoretical content of NUR 308. Prerequisites: majors only, NUR 204, 206, 207, PSY 304, FCS 303, BIO 202. Corequisites: NUR 308, PSY 345, or consent of department chair.
- NUR 310 Health Assessment 2 hrs.**  
Performance of a complete health assessment incorporating a health history, with faculty supervision. Prerequisites: Illinois RN licensure, consent of department chair, CPR certification.
- NUR 314 Psychiatric/Mental Health Nursing (Theory) 2 hrs.**  
Theoretical overview of psychiatric/mental health nursing with emphasis on application of the nursing process to individuals, families, and the community. Concepts and theories of nursing care of the individual and family with psychiatric disorders are discussed to foster the adaptive response. Prerequisites: majors only, junior standing; PSY 345, NUR 200, 203, 206, 207. Corequisite: NUR 315.
- NUR 315 Psychiatric/Mental Health Nursing (Practicum) 2 hrs.**  
Application of psychiatric/mental health nursing principles in health care settings. Concepts and theories of nursing care of the client and family with psychiatric disorders are utilized to foster the adaptive response. Prerequisites: majors only, PSY 345, NUR 200, 203, 206, 207. Corequisite: NUR 314.
- NUR 316 Adult Health II: Medical-Surgical Nursing (Theory) 4 hrs.**  
Medical-surgical nursing with emphasis on selected physiologic systems. Concepts and theories of nursing care of the individual and family are applied to foster the adaptive response. Prerequisites: majors only; NUR 204, 206, 207. Corequisites: NUR 317, 318.
- NUR 317 Adult Health II: Medical-Surgical Nursing (Practicum) 2 hrs.**  
Selected practicum experiences correlated with theoretical content of NUR 316 that foster adaptive responses. Prerequisites: Majors only; NUR 204, 206, 207. Corequisites: NUR 316, 318.
- NUR 318 Pharmacology and Nursing Implications 2 hrs.**  
Introduction to pharmacology: nursing process and drug therapy; life span considerations; legal, ethical, and cultural issues; and patient education. Prerequisites: NUR 200, 203, 206, 207.
- NUR 333 International Nursing 3 hrs.**  
Study of nursing in another country: nursing organizations and agencies, education programs, hospitals. Seminars in comparative nursing practices in the United States.
- NUR 353 Aging: A Life Experience 3 hrs.**  
Attitudes about the aged, historical perspectives, transcultural concepts, health problems and health care, methods of coping with growing old, and prospects for the future. Practical experiences promote examination of students' own attitudes about the aged and growing old. Prerequisite: junior/senior standing.
- NUR 372 Safety and Emergency Care 3 hrs.**  
Principles and techniques of emergency care for common injuries and illnesses. Environmental needs of individuals at various levels of maturity. Cardiopulmonary Resuscitation and First Aid cards awarded upon satisfactory completion.
- NUR 376 Advanced Concepts in Health 3 hrs.**  
Complex health problems and issues in contemporary society; various concepts, models, theories, and determinants of health. Multi-disciplinary approach for application to individual and professional situations. Prerequisite: NUR 263 or consent of instructor.
- NUR 391 Medical Terminology 1 hr.**  
Terminology used in all areas of medical and paramedical specialties. Emphasis on word building, techniques, and understanding typical medical reports. Cross listed as CHM 391. Prerequisites: 1 year college chemistry and 1 year college biology.
- NUR 404 Community Health Nursing (Theory) 2 hrs.**  
Explores the role of the nurse in community settings. Applies principles of epidemiology, health promotion, and disease prevention to nursing practice. Examines core functions of public health nursing, essential services, and population-based practice. Prerequisites: NUR 316, 317, 318. Corequisites: NUR 409 or 417, NUR 408 or 410.
- NUR 405, 406 Cooperative Education in Nursing (Theory) 0-1 hrs. each**  
Theory for nursing care of clients in a variety of health care settings. Prerequisites: senior standing; majors only; 2.5 GPA; consent of Co-op Nursing Advisor; and successful completion of Co-op interview. Corequisites for NUR 405: NUR 401, 411, 415. Corequisites for NUR 406: NUR 402, 412, 416.
- NUR 408 Adult Health III: Medical-Surgical Nursing (Theory) 3 hrs.**  
Medical-surgical nursing with emphasis on selected physiologic systems. Concepts and theories of nursing care of the individual, family, and community are applied to foster the adaptive response. Prerequisites: majors only; NUR 316, 317, 318, BIO 205. Corequisites: NUR 409.
- NUR 409 Senior Practicum I 5 hrs.**  
Selected practicum experiences, correlated with theoretical content of NUR 408 and/or 404, that foster adaptive responses. Prerequisites: majors only, NUR 316, 317, 318, BIO 205. Corequisites: NUR 404 and 408.
- NUR 410 Adult Health IV: Nursing Care of the Patient with Multi-System Challenges (Theory) 3 hrs.**  
Medical-surgical nursing with emphasis on caring for the patient with multi-system challenges. Concepts and theories of nursing care of the individual, family, and community are applied to foster the adaptive responses. Prerequisites: majors only; NUR 403, 408, 409. Corequisites: NUR 415, 417, 418.

**NUR 414 Senior Seminar: Preparation for Professional Nursing 1 hr.**

Emphasis on NCLEX preparation, including the NCLEX-RN test plan, test taking skills, critical thinking skills, and computer usage skills for test-taking. Prerequisites: majors only, senior standing. Corequisite: NUR 410; not required for RNs.

**NUR 417 Senior Practicum II 5 hrs.**

Selected practicum experiences correlated with theoretical content of NUR 404, 410, and 418 that foster adaptive responses. Prerequisites: majors only; NUR 408, 409. Corequisites: NUR 410, 418.

**NUR 418 Nursing Leadership: Concepts & Issues 1 hr.**

Emphasis is on application of the leadership and management principles and the identification of common ethical issues that arise in health care settings. Discussion includes the nurse's role in the legislative process to facilitate change in nursing practice. Prerequisites: majors only; senior standing; NUR 303. Corequisites: NUR 410, 417.

**NUR 415, 416 Cooperative Education in Nursing (Practicum) 0-2 hrs. each**

In-depth practicum in a variety of health care settings, integrated with theory. Prerequisites: senior standing; majors only; 2.5 GPA; consent of Co-op Nursing Advisor; and successful completion of Co-op interview. Corequisites for NUR 415: NUR 401, 405, 411. Corequisites for NUR 416: NUR 402, 406, 412.

**NUR 419, 420 Independent Studies in Nursing 1-3 hrs.**

Individual study addressing special needs and interests: selected readings, observations, and conferences. Prerequisites: NUR 303; majors only; senior standing; consent of advisor and department chair.

**NUR 421 Role Exploration in Professional Nursing 2 hrs.**

Focuses on integrating the nursing roles of caregiver, support agent, colleague, advocate, collaborator, client educator, leader, manager, and researcher in clinical practice. Taken the last year of the curriculum, the course synthesizes content presented in previous courses. Students are placed in specialty areas according to individual preferences and learning needs. Prerequisites: majors only, senior standing; 3.0 GPA; consent of instructor and advisor, NUR 408, 409. Corequisite: NUR 410, 417.

**NUR 500 Health Assessment 3-4 hrs.**

Systematic method for collecting data used in holistic health assessment of children and adults. Interviewing techniques for history taking; physical assessment skills. Prerequisites: R.N. with B.S. major in nursing; or R.N. with consent of instructor.

**NUR 522 Seminar on Nursing and Public Policy 3 hrs.**

Nursing activities and organizations affecting practice, health care, public policy, and the future of the profession. Emphasis on generating recommendations for the profession and developing a personal professional plan for participating in the process that develops public policy at the local, state, national, and/or international level. Prerequisites: nursing majors and senior or graduate status; or consent of instructor.

**NUR 533 Seminar in International Nursing 3 hrs.**

Study of nursing in a foreign country; selected hospitals and universities. Establishing nursing administration and research networks.