

CLASSES

Spring classes are held at Bradley University on the first four Wednesdays in April 2020. Classes are one hour long and your day will include two 30-minute breaks and one 60-minute lunch break. Your \$99 fee includes four classes, one for each time period. Some classes start at 8:30 a.m.; if you choose a class in this time period, your second class will begin at 10:30 a.m. Please be prepared to use our park-and-ride service, as parking on campus is unavailable. See more information in our FAQ section.

**WEDNESDAYS,
April 1, 8, 15, and 22, 2020**

Coffee: 8:30-9:00 a.m. • Break: 10:00-10:30 a.m.

8:30 – 10:00 a.m.

I. The Globalists Versus the Nationalists: Understanding the Economic and Political Impact

The 2016 election and events that followed have opened a discussion about not only the role of the United States on the world stage, but the perspective of how we see ourselves, how governments see us, and how those perspectives shape our government's policies. Much attention has been given to the perspectives of "globalists" and "nationalists" and the relationship to economics and politics. This worldwide discussion has been going on for quite some time, and the United States is not unique in questioning its priorities toward a more global or national perspective. Join us for a lively discussion of the issues that may help define national and global policies into the future and impact our economy and politics. Class instructors are Jim Foley, Director of the Turner Center for Entrepreneurship and the Illinois SBDC International Trade Center at Bradley University, and Angela Weck, affiliate instructor and global education coordinator at Bradley University. (RIs/RC)

2. Introductory Meditation for Spiritual Awareness

Meditation helps reduce stress, increases productivity, and improves concentration. More importantly, it helps us grow spiritually. We will cover the physical, mental, emotional, and spiritual benefits of meditation, developing the meditation technique, sitting quietly and focusing, and stilling the mind. Class instructors are Mary Kay Berjohn, a retired school psychologist; Harold Berjohn, a retired school administrator; Prem Bhatia, a retired family practice physician; and Suraaj Bhatia, a retired mechanical engineer. (RIs/RC)

3. Social Media, Big Tech, and You

This class expands on Cory Barker's Fall 2019 OLLI class, Media Literacy in the Age of Social Media and Fake News. The impact of tech companies like Facebook, Twitter, YouTube, and Google goes far beyond news production and consumption. This class will address their increasing influence over our everyday lives – from data collection and privacy to entertainment and shopping. It will also introduce participants to emergent platforms like Netflix and TikTok that have significance on a global scale. Participants will learn how to use these platforms smartly and why they matter to the future of pop culture and society. Class instructor is Cory Barker, Assistant Professor of Communication, Bradley University. (RI/NC)

**You'll Love
Study
Groups
#12 & 21**

4. What is Cancer and New Developments in Cancer Therapy

One of OLLI's most popular past classes is back. Dr. Michael Veeder, oncologist/infectious medicine/internal medicine physician and partner at Illinois Cancer Care since 1982, will address the following topics: what is cancer; surgery, radiation, and chemotherapy; targeted therapy; and immune therapy. (RI/RC)

9:00 – 10:00 a.m.

5. The 2020 Election

The class will discuss the 2020 Presidential, Congressional, and state elections. We will look closely at the Presidential candidates remaining in the primaries and the current status of the nomination process. We will also explore what is at stake in the 2020 election in Congress and in Illinois. Finally, we will look at constitutional amendments that may be on the general election ballot. The class instructor is Brad McMillan, executive director of the Institute for Principled Leadership in Public Service. (RI/NC)

**You'll Love
Study
Group #4**

6. Ancient Greece and Rome

This overview of ancient Greece and Rome will cover the development of the foundations of European Civilization. The focus will be on the emergence of Greek humanism, individualism, idealism, and versatility as seen in their philosophy, politics, architecture, sculpture, and literature. The focus on Rome will be on humanism, practicality, and the primacy of the state which resulted in a large empire that spread Greco-Roman civilization to the entire Mediterranean area and to Western Europe. These two early rational and secular societies lived for human fulfillment, achievement, and success here on earth; these values and goals are still very apparent in modern Western Civilization. Class instructor is Greg Guzman, Emeritus Professor of History at Bradley University. (RI/RC)



At the JUMP Trading Education Lab, OLLI members see inside a model of a heart.

7. Colored Pencil Explorations

This class is much more than coloring ... it's color therapy! Guided by botanical artist Peggy West, participants will explore the colored pencil as a fine art medium. If you have experience "painting" with colored pencil (or even if you don't), you will still learn tips and tricks for layering, blending, lifting, masking, working on different papers, and using colored pencil in mixed media works with stunning results. No drawing skill needed – just a love of art and color. A list of suggested supplies will be sent; paper will be provided. (NI/NC)

You'll Love Study Group #18

8. More Grace and Grandeur – The Story of Four of Europe's Iconic Churches

Explore the fascinating history behind the founding, design, and building of four of Europe's celebrated churches, all part of UNESCO World Heritage sites. We'll visit four different countries, starting with France, for a look at Notre Dame de Paris, tragically damaged this year by fire. We'll continue in Italy with Santa Maria del Fiore in Florence, the world's third largest cathedral. Next up will be Canterbury Cathedral in England, seat of the worldwide Anglican Communion. We'll conclude with La Sagrada Familia, a highly controversial design still under construction in Barcelona, Spain. In addition to the history, we'll look at the architectural styles and features associated with these beautiful interiors and exteriors. Class instructor is Roger French, a retired information technology professional with a personal passion for church history and architecture. (RI/NC)

9. The Impact of the Arts on our Community

This class is a collaborative effort organized by Jenn Gordon, executive director at ArtsPartners, which will provide attendees with an enhanced perspective of the collective and individual impact of local arts organizations within the greater Peoria region. The class will include guest panelists, speakers, and presenters, including: Shannon Cox, executive director of the Peoria Art Guild; Nikki Romain, executive director of Art, Inc.; Nicki Haschke, theatre manager of Peoria Players Theatre; Nyk Sutter-Downes, theatre manager of Corn Stock Theatre; and Susan Hoffman, executive director of the Peoria Symphony Orchestra. (NIs/NC)

You'll Love Study Group #2

10. The People and Practice of Medicine

Dr. Julius Bonello, Peoria surgeon and medical historian, will lead an intriguing and entertaining class about the many interesting people, procedures, and incredible facts related to the historical practice of medicine. He will take us on a journey from past practices that have evolved to the modern medical profession we have today. (RI/RC)

11. Research Advances in Stem Cells and Tissue Regeneration

Dr. Craig Cady, Associate Professor and Director of the Bohlander Stem Cell Research Laboratory in the Biology Department at Bradley University, will discuss advances in research in stem cells and tissue regeneration. Topics will include basic biology of stem cells and newly discovered sources of stem cells (including iPS stem cells), nanotechnology, new approaches to genetic engineering, and clinical advances in neurodegenerative diseases, diabetes, and cancer. The final class will be presented by two research students from the laboratory on new research into the lethal aspects of "cancer stem cells" and the production of a fully implantable artificial lung using nanofiber materials and stem cells. (RI/NC)

10:30 – 11:30 a.m.

12. Candlesticks Are Not For Gifts

When choosing stocks, the fundamentals of a company and the stock market in general are always relevant, but it is equally essential to also look at the technical data. In fact, in times like this it is vitally important to look at history to help one navigate today's market. Technical analysis helps you make smarter decisions when it comes to your investments. This class will cover looking at candlestick chart patterns, stock's price and volume, supply and demand, moving averages, money flow, point and figure charting, past market data, seasonal patterns, and much, much more. Instructor is Carl Williams, senior vice-president at Chapin Davis Investments. (RI/NC)

13. Central Illinois Minority Black Entrepreneurs

Central Illinois has a considerable number of successful black entrepreneurs. This class will allow several of these individuals to describe their paths to success and their major impediments and accomplishments. Class instructors are Ron Givens, owner of Givisco Construction and Industrial Supply; James Gilkerson, owner of Simons Mortuary; Denise Moore, President and CEO of the Black Business Alliance; Bridget Booker, president of Reign Construction; Monica Arbuckle, owner of AFE Construction; Rachael Black, owner of Sweet Cakes by Rachael; and Donniece Hall, president of Pink Lions. (NIs/NC)

14. Improve Health and Slow Aging Naturally

Traditional Western medications are appropriate to treat many medical conditions. Up to 70% of illness and aging effects may be preventable or treatable, however, through lifestyle changes, proper nutrition, living mindfully, and optimizing our own body's systems. This class will cover how supplements and natural products such as bio-identical hormones, thyroid optimization, vitamins, minerals, and CBD can improve the functionality of our bodies, promote healing, and slow aging by giving the body what is lacking, rather than simply covering up a condition by treating the symptoms instead of the cause of the condition. The class instructor is Bill Kalman, registered pharmacist and owner of Essential Wellness Pharmacy. (RI/NC)

15. Jeremiah: Prophet of the Exile

The *Book of Jeremiah* chronicles the rise and fall of one of the greatest prophets in Israel. From Jeremiah's call to ministry to his eventual exile into Egypt, the book gives us a glimpse into how this prophet tried to turn the people of Israel back to God to avert certain destruction at the hands of the Babylonians. Each week, we will discuss how the book was written at the time and what it has come to mean today. Class instructor is Bill Dohle, pastor at St. Paul's Lutheran Church in Peoria. (RI/NC)

16. Literary Lions

April 1 – Ann Patchett

Ann Patchett has written nonfiction, memoir, and award-winning novels. We'll explore how she feels authors just write one story over and over in different forms (and what her one story is), the response to her memoir about her friendship with Lucy Grealy, and how owning a bookstore impacts her writing life. Class instructor is Alissa Williams, Director of the Morton Public Library District. (NI/NC)

April 8 – Mary Shelley and 200 Years of Frankenworld

In 1820, Mary Shelley wrote *Frankenstein; Or, The Modern Prometheus*—the “big bang” from which Frankenworld was created. We will explore Frankenworld from Shelley's novel to Frankenweenie and beyond, and discuss why her 200-year-old narrative is still relevant today. Class instructor is Colleen Karn, Assistant Professor of English and Humanities at Methodist College. (NI/NC)

April 15 – William Wordsworth

Stan Strickler, a retired educator, will introduce us to William Wordsworth, one of the first poets of the Romantic Movement who had a tremendous impact on the world of literature. (RI/RC)

April 22 – Eleanor Roosevelt

Eleanor Roosevelt is often thought of only as the wife of a president and a very forward-thinking woman. Many do not know, however, that she also spent time writing. During this session, we will look into the life of the First Lady and the pieces she penned during her lifetime. Class instructor is Jennifer Bass, retired teacher and OLLI past president. (RI/NC)

17. Making a Landscape Plan for Your Home

Thinking of improving the landscaping of your property? This class will review some of the principles and tricks of home landscaping, whether you are considering a complete revamping or just a little tweak. In addition to planning a design to suit your lifestyle, the class will help with selection of appropriate landscaping materials. If you have a bigger project in mind, the instructor will address how to find and work with professionals both for design and installation. Class instructor is Chris Enroth, horticultural educator, University of Illinois Extension in Macomb. (NIs/NC)

**You'll Love
Trip #29**

18. Marijuana Legalization: What We Need to Know

With the passage of the Cannabis Regulation and Tax Act (CRTA) in 2019, marijuana for recreational use is now legal in Illinois. In this class, four instructors will provide an overview of the CRTA and how our community will handle sales, regulations, implications for area employers, and issues related to drug dependence and impaired driving. We will hear from local law enforcement officials on how legalized recreational marijuana will impact their departments. Class instructors will include: Nicole Meyer, attorney with Davis and Campbell; Dr. Ray Bertino, Illinois Society of Addiction Medicine; Patrick Urich, Peoria City Manager; and Brian Asbell, Peoria County Sheriff. (NI/NC)



19. Mefistofele: A Date with the Devil

Join opera expert Stan Ransom in this discovery of one of the best, yet little known operas in the repertory. *Mefistofele*, the only completed opera by Boito, is based on Goethe’s great play about Faust. While there are many versions of the legend, *Mefistofele* is the rare work of genius that combines both parts of Goethe’s tragedy, includes wit and comedy, adds an Italian flavor, and sets it all to a tune-filled opera that challenges the greatest singers, choruses, orchestras, set designers, and directors. The performance takes us from heaven, to Frankfurt to a witches sabbath, to prison, to ancient Greece, and back to heaven for a celestial choir to blow the roof off the theater. The production we will see has dominated the world’s stages since 1988. (RI/NC)

20. Poof! It’s Magic!

Char Gott is back to teach you magical skills! Mystify your friends, family, and yourself with your ability to perform entertaining magical effects. We’ll learn magical history and ethics while we discover the fun of the art of magic. No prior magical experience is required – find the magic you already possess. Class instructor Char Gott, a longtime member of the Society of American Magicians and the International Brotherhood of Magicians, has performed in Central Illinois since 1964. (RI/RC)

21. Troy’s Myth, Legend, History, and Relevance Today: The Other Side of the Trojan War

Why, 3,200 years after the war, is Troy still relevant today? This class will look at the men, women, and events on the Trojan side of the war, as opposed to that of the Greeks by Homer. We will also discuss Troy’s connection to Rome and Carthage, and its political relevance today. Content based on the ancient writers Vergil, Apollodorus, and Euripides, the archaeological findings of Heinrich Schliemann, and modern political author, Barbara Tuchman. Class instructor is Janene Mattingly, past OLLI secretary, retired Latin teacher at East Peoria Community High School, and avid Italy traveler. (RI/NC)

22. Will Your Legacy Last?

Passing down your values, leaving an inheritance to your children, funding your grandchildren’s college tuition, making charitable contributions, and keeping Uncle Sam from being an unintended heir: let’s face it, there is a lot that goes into preserving your legacy. We will dive into the options and traps within each of these areas to help empower you to take control of your legacy and tailor a solution that matches your vision. The class instructors are Eric Scovill, wealth management advisor, and Stephanie Petri, certified public accountant. (NIs/NC)

LUNCH: 11:30 a.m. - 12:30 p.m.

During the lunch hour, you can dine at one of our neighborhood restaurants, the Student Center Marketplace, bring a sack lunch, or enjoy OLLI’s convenient buffet lunches in the ballroom.

PLEASE NOTE: IF YOU HAVE DIETARY NEEDS FOR THE BUFFET LUNCHES, PLEASE CONTACT THE CONTINUING EDUCATION OFFICE AT (309) 677-3900 BY WEDNESDAY, MARCH 25 SO WE CAN MEET YOUR NEEDS.

**OLLI Buffet Lunches:
\$44 for all four days (register on p. 40)
Lunches include coffee, water and iced tea**

April 1

- Roasted beef brisket and potatoes, mixed greens salad, pasta salad, vegetable soup, and angel food cake.

April 8

- Roasted pork loin with mashed potatoes and gravy, couscous salad, spinach salad, Italian wedding soup, and carrot cake.

April 15

- BBQ pulled pork sliders, Caesar salad, mixed greens salad, chicken tortilla soup, and vanilla cupcakes.

April 22

- Sweet and sour chicken with vegetables and steamed rice, baby spinach salad, mixed greens salad, minestrone soup, and pumpkin surprise.



Mah-Jongg participants Sarah Young, Ginny Warren, Julie Beckenbaugh, and Ed Smith learn about the different types of tiles.



At The Barn III, OLLI members enjoy a fabulous dinner, a play, and tour with owner Abby Reel.

12:30 – 1:30 p.m.

23. 10th Judicial District Court System

In this class, you'll learn about various areas of the local state court system from four 10th Judicial Circuit Court judges. In the first session, Peoria County State's Attorney Jodi Hoos will discuss criminal law through the eyes of her new position as State's Attorney. Judge Suzanne Patton will provide an overview of general family law, including mental health, orders of protection, and adoption. Next, Judge Chris Doscotch will discuss the infamous McDonald's coffee cup case verdict and compare public perception to the facts of the case and the jury verdict. After comparing public perception to the trial, he will explore the impact of the case on personal injury lawsuits, juries, and tort reform. Judge Doscotch asks that participants not look up information about the case until after attending the session. Finally, Judge Stephen Kouri will wrap up the class with an overview criminal law through the eyes of the judge and prospective jurors. (NIs/ RIs/RC)

You'll Love Study Group #13

24. The Cyanotype Photograph

This class will explore the history and making of the cyanotype, an historic blueprinting process. Participants will learn about the 19th century development of the process and spend time creating their own cyanotype images in the darkroom. A \$10 materials fee will be collected by the instructor on the first day of class. Class instructor is Margaret LeJeune, Bradley University Associate Professor of Art. **NOTE: CLASS WILL BE HELD ON CAMPUS AT HEUSER ART CENTER; SHUTTLE TRANSPORTATION PROVIDED.** (RI/RC)

25. Early Peoria History (1691 - 1835)

Learn about the early history of the development of the city of Peoria from the establishment of the first French trading outpost, fort and mission in 1691 to the incorporation of the town in 1835. An OPTIONAL study guide for the class, personally developed by the instructor, will be available on the first day of class for \$30 per copy, payable to the

instructor. Class instructor is Mark L. Johnson, Vice President of the Peoria Historical Society. (RI/RC)

26. Energy, Domestic and Worldwide, an Industry in Transition

Have you ever wondered how a refinery works? This class will explore the rapidly changing electrical generation market in the United States and the world. We will discuss renewable power sources such as wind and solar, and the challenges we face to store that power. We will explore how and where greenhouse gas emissions are generated, dig into the energy-related mining industry, and look at the automobile industry's fuels, technology, and upcoming mileage requirements. Class instructor is Rich Radochia, who had 41-year career in constructing and maintaining a wide variety of energy producing facilities. (RI/NC)

You'll Love Trips #12 & #25

27. Live Big Bands, Vocal Jazz, and Dixieland

The class will present live Big Band, Vocal Jazz, and Dixieland music performances, along with background information about the music and composers. The first session will feature the Peoria Pops Dixieland Band, led by Heather Maughan. Julie Clemens, director of the Illinois Central College Vocal Jazz Ensemble, will lead the second session. The third session will present the Bradley Jazz Ensemble, a big band directed by Dr. Todd Kelly, Professor of Trumpet and Director of Jazz Ensembles at Bradley University. The fourth session will feature the Bradley Groove Project, a big band with roots in the New Orleans brass bands, directed by Dr. Todd Kelly. (RIs/RC)

28. Look Where I Went

No passports, no visas, no suitcases, no long flights, no currency exchanges, and no language barriers when you travel the world from the seat of your OLLI class. These presenters will bring their adventures directly to you in photographs and descriptions of where they traveled and what they saw.

April 1 – Cuba

Find out why honey has become Cuba's fourth largest export, as Janet Hart makes a bee line to the island, spending time in Havana and touring the countryside to visit several apiaries. (NI/NC)

April 8 – Israel

Returning to Israel for the second time, Kathi Simmons is looking forward to explaining some of the differences between her trips and presenting an array of photographs of her travels to this Middle Eastern country. (NI/NC)

April 15 – Pakistan and the United Arab Emirates

Wanting to visit the ancient city of Mohenjo Daro for many years, upon his retirement Tim Bertschy made it happen. Traveling with a friend with dual United States-Pakistani citizenship, he also visited Islamabad, Lahore, Kukkor, and the Sindh countryside. Tim will cover their stop in the United Arab Emirates, visiting its three major cities: Dubai, Abu Dhabi, and Al Ain. (NI/NC)

April 22 – Japan

Doug and Eileen Leunig, relying on the travel expertise of their brother-in-law, spent 14 days touring Japan. The focus of the trip was to travel where they could take photographs and eat excellent food. Some 10,000 photographs and 43 meals later, they will explain what they saw, experienced, and tasted, all illustrated with some great photos. (RIs/NC)

29. NCAUR Research Topics

Four research scientists will share the details of their work at NCAUR (commonly known as Peoria’s Ag Lab). Neil Price, PhD, will teach us about the history of antibiotics, antibiotic resistance, and what we can do about it. Fred Eller, PhD, will discuss Eastern Red Cedar’s extraction and biological activity. Todd Naumann, PhD, will explain how proteins break down other proteins. Victoria L. Finklestadt, PhD, will discuss bioplastics and their importance in foods and in human health. (RIs/NC)

30. SHOW Me – Don’t Tell Me

Whether you are writing a description of yourself or a fictional character, you can elevate your writing by using “showing” strategies. For instance, instead of writing that someone is “cautious,” show the readers the way someone is cautious. Instead of simply stating you are a team member, show what you do to be a team member. In this class, the instructor will help you pinpoint compelling examples of “show me” writing, such as “cried” vs. “whimpered.” Show how you want to learn more about superb writing by signing up for this class! Class instructor is Don Baker, retired teacher, sports writer at the *Peoria Journal Star*, and local disc jockey. (RI/NC)

31. Those Remarkable Bradford Model T Girls

Darlene Dorgan’s father denied her request to go to college in 1930 and tried to appease her with the purchase of a car. He didn’t realize he was unwittingly putting his daughter in the driver’s seat of one of Henry Ford’s Model T’s, the car credited with changing the world, and Darlene was determined to ride that wave of change. For nine consecutive summers she invited girlfriends, mostly from Bradford, Illinois, on adventurous summer vacations in her “T,” nicknamed “Silver Streak.” They traveled from

coast to coast in search of adventure, meeting the rich and famous, camping and even sleeping in jails. Class instructor John Butte, who researched the story, will take you along with Darlene on those hilarious trips. (RI/RC)

BREAK 1:30-2:00 p.m.

2:00 – 3:00 p.m.

32. 100 Years of Women Voting: Learning from the Fight

In 1920, the final state (Tennessee) ratified the 19th Amendment to the U.S. Constitution, securing the right for women to vote. The Civil War, World War I, prohibition, states’ rights, politics, women and child labor, and segregation had already brought many changes to society at that time. It started in 1848 when 68 women and 32 men signed the Declaration of Sentiments at the Woman’s Rights Convention in Seneca Falls. This class will be based on *The Woman’s Hour* by Elaine Weiss and will include the historical, social, and economic factors surrounding suffrage. Guest speakers will present local information about the fight to win the vote and current issues regarding voting. Class instructor is Cheryl Budzinski of the League of Women Voters Greater Peoria and LWV Illinois. (RI/NC)

33. Careers of the Future: Interactive Media at Bradley

As colleges seek to prepare students for careers of the future, they have added majors that didn’t exist 15 years ago. Bradley University’s Interactive Media Department offers interdisciplinary programs combining technology with critical thinking, and recent graduates now work at Microsoft, Sony Pictures, Warner Brothers Games, Oculus Virtual Reality, and more. In our first class, Ethan Ham, Chairperson for Interactive Media, will give an overview of his department and its history. Then, for each of the next three classes, we’ll hear from a senior from each of the following majors: animation, game design, and user experience design. We’ll learn all about the programs, projects, internships, and careers these students for which these students are heading. (NI/NC)

Thank You

for supporting our lifelong learning community.



34. Community Gardens

Community gardens have been around for a long time, but are becoming more popular as people become more interested in using healthier and fresher food and in participating personally in the growing process. This class will cover the organization and operation of community gardens, and the variety of the gardens found in the Peoria area. Class instructor Nicole Flowers-Kimmerle of the University of Illinois Extension (Fulton, Mason, Tazewell, Peoria Unit), will be assisted by Master Gardeners and others involved in operating community gardens. (NI/NC)

**You'll Love
 Trip #29**



OLLI Past Presidents Sharon Lansdowne and Carolyn Shepard encourage you to share this brochure with a friend!

35. Health in the Media

In this class, we'll discuss the field of health communication research, theory, and practice. With a focus on both organizational structures within the healthcare landscape and the role of mass media in defining health and wellness, with various contexts to analyze health communication. Media portrayals of illnesses and disorders across traditional and new media will be discussed, as well as the resulting effects these portrayals have on the audience. Class instructor is Dr. Rachele Pavelko, Assistant Professor of Communication, Bradley University. (NI/NC)

36. Look What I Did

April 1 – High Winds, Cross Winds, No Winds – A Sailboat Race For 333 Miles with No Excuses

For six years, Roger Huber was one of six crew members on a 37-foot sailboat for the “Race to Mackinac.” This grueling 333-mile sailboat race from Chicago to Mackinac Island is the oldest (111 years) annual freshwater distance race in the world, drawing more than 300 sailboats. The race requires two or three continuous 24-hour days to complete, depending on weather. Join us as Roger shares his sailing journey. (NI/RC)

April 8 – The Story You Have Not Heard (But Want To) About the Peoria Riverfront Museum

Two decades of planning, fundraising, campaigning, debate, and generosity led to the opening of the Peoria Riverfront Museum in October 2012. In the almost eight years since, an adventure unfolded, beginning with uncertainty and crisis of sustainability, to the transition into unprecedented growth and increasing community engagement. How did it happen? Join museum President and CEO John Morris as he explains the challenges and transformation of this community treasure. (NI/RC)

April 15 – Thirty Years of Journalism: Change, Turmoil, and Survival

Leslie Renken has been a professional journalist for more than 30 years. And, because her father was a professional journalist, she has experienced and observed the world of journalism for nearly 50 years. As of this writing, she is one of only five reporters remaining at the *Peoria Journal Star*. Sheer survival during the last decade of turmoil and chaos is an achievement. Join us to learn the inside view of the newspaper industry. (NI/RC)

April 22 – Between the Lines ... 14 Years as a Small, Local, Independent Bookseller

Mary Beth Nebel was a successful corporate lawyer when a discussion in her book club changed her life. She decided to open a small, local, independent bookshop and this month celebrates the 14th anniversary of owning I Know You Like a Book. Her learning journey continues as Amazon and e-readers continue to disrupt the book industry and force innovation in independent booksellers everywhere to survive. Join us to celebrate Independent Bookstore Day 2020 three days early! (NI/RC)

37. Medical Ethics

Birgitta Sujdak Mackiewicz, PhD, Director of Ethics at OSF HealthCare Saint Francis Medical Center, will discuss the critical need for each of us to discuss our end of life wishes, and patient rights and responsibilities in determining their goals and treatments at the end of life. She will also explain the differences between palliative care and hospice. At the end of the class, participants will have an understanding of the different State of Illinois Advance Directives and Practitioner Orders for Life Sustaining Treatment (POLST). (NI/NC)



38. Preventing and Managing Neck and Back Pain

This class will provide an in-depth look into the prevention and management of neck and back pain. We will explore the anatomy of the spine, discuss potential generators of pain that can arise, and detail treatment options, including physical therapy, injections, and surgical interventions. Participants will also learn about long-term maintenance and injury prevention, and will have plenty for questions. Class instructors are Andrew Kitterman and Jeremy Przybylo, physician assistants at Prairie Spine and Pain Institute in Peoria. (RIs/RC)

39. This Is What I Believe

Often, we drive by a church and all we see is the façade. We may have little to no knowledge of the denomination, the beliefs, and the ways members worship and celebrate. In this class, four different members of the clergy – Rev. Jennie Churchman of Christian Church/Disciples of Christ, Rev. David Clements of Universalist Unitarian, Rev. Jonathan Thomas of St. Paul’s Episcopal, and Rev. Dr. Jason Wollever of Crossroads Methodist – will share information about their church histories and beliefs. Come and learn about the faith in action behind the doors we see. (NIs/NC)

40. The Seeds of a New Nation: English Colonization of North America

**You’ll Love
OO #7**

English Pilgrims landed in Plymouth 400 years ago, planting the seed of the second permanent English colony in North America. Over the next 100 years, more seeds of English settlements would be established, eventually forming 13 colonies. In this class, we will learn why English settlers came to North America, discuss some of the difficulties they experienced in getting here, explore the hardships they faced in settling lands already occupied by others, and find out how these seeds of colonies grew and eventually prospered. We will primarily focus on Jamestown Colony in Virginia, and Plymouth and Massachusetts Bay Colonies in Massachusetts. Class instructor is Tim Bailey, a history buff and retired apprentice training instructor. (RI/NC)

41. The Unknown World of Early Music

In this class, you’ll enjoy listening to beautiful live and recorded Medieval, Renaissance, and Baroque music performed by both instrumental and vocal groups, and become familiar with winds, brass, and stringed instruments that preceded our current instruments. Allow yourself to be pleasantly surprised by the wealth of music from the 13th through the mid-18th centuries. By what good fortune are we able to hear music from years before the printing press was invented? Class instructor is Shirley Cunningham, music educator who has been playing and listening to early music for over 40 years. (RI/NC)



**During OLLI classes,
 local artists are invited to display
 their works of art in the
 Michel Student Center ballroom.
 Each week, you’ll have the
 opportunity to meet the artists,
 look at their work, and even have
 a chance to purchase items on
 the spot. OLLI is honored to host
 these artists, and we hope you
 enjoy their participation in our
 learning community.**