



JUNE: OLLI Online Virtual Programs

This document will be updated as programs are added. Registration for programs can be reached from the OLLI website bradley.edu/olli

Or you may go directly to our OLLI Online registration site: [OLLI Online](#)

Free Zoom Training & Happy Hours

Free Zoom Training on Tuesdays, and Thursdays at 2:00 p.m. Free Happy Hours Mondays at 4:00 p.m.



OLLI Virtual Classes



\$20 per class, per person; Each class meets once per week for four weeks. Eight different classes to choose from.

Wednesdays, June 3, 10, 17, 24

9:00 AM

1. Will the Secure and CARES Act Impact Your Estate Plan?

Join Daryl Dagit CFP®, CRPS®, CEP®, with Savant Capital Management, as he breaks down the complicated topic around the building blocks of Estate Planning. Daryl will take you from the basics of why EVERYONE needs an estate plan to helping you prepare to speak with your attorney to develop your plan. The uncertainty of the world with the recent COVID-19



pandemic makes this course more important than ever before. The Secure and CARES Act have implications you need to know - Daryl will help you navigate the road blocks of estate planning.

OR

2. Food Insecurity in a time of Covid -19

Food insecurity is certainly not a new subject. Before this year, there were over 42,000 people in the tri-county area who had limited or uncertain access to enough food to feed their families. COVID-19, however, has certainly made the problem bigger and more complex. Some agencies that are part of the solution have been unable to operate during the pandemic, while others have made significant changes to their operations. Our four sessions will look at this problem through different lenses from some of the most dedicated organizations in our area.

June 3: Midwest Food Bank-Peoria

Monica Scheuer, executive director, will provide insights on how this organization provides food to more than 300 agencies in the western part of Illinois, including heavy demand from our area. The food bank focuses on not just quantities, but quality and nutritional value of the food.

June 10: Tazewell County Health Department/HEAL Partnership Collaborative

Kim Keenan, strategist, will explain how The Healthy Eating/Active Living (HEAL) partnership leverages the strengths of numerous food system programs whose primary mission is to improve the emergency food system. She will share how the COVID-19 pandemic has both highlighted the existing gaps in services, while strengthening the continued need for connections and intentional alignment between services, organizations and programs.

June 17: Neighborhood House

Becky Rossman, President and CEO of the Neighborhood House in Peoria, will share how the 125-year-old service provider has had to shift its focus during the pandemic. Neighborhood House now focuses solely on food programs as the needs have doubled. Rossman will discuss how this shift has been made possible through the support of the community in both donations and volunteers.

June 24: Dream Center Peoria



Brian Unlenhopp, development director of the Dream Center Peoria, will share the non-profit's belief that food is a pathway out of poverty. With a focus on giving dignity and showing compassion, the Dream Center Peoria has served over 70,000 meals to those in need in the past year.

11:00 AM

3. Meditation for Spiritual Awareness

Meditation helps reduce stress, increases productivity, and improves concentration. More importantly, it helps us grow spiritually. We will cover the physical, mental, emotional, and spiritual benefits of meditation, developing the meditation technique, sitting quietly and focusing, and stilling the mind. Instructors for the class: Mary Kay Berjohn, a retired school psychologist; Harold Berjohn, a retired school administrator; Suraaj Bhatia, a retired mechanical engineer at Caterpillar; Prem Bhatia, a retired family practice physician.

OR

4. Keep the Brain Working with Math

It was once thought that the brain inexorably lost nerve cells as we aged, and that we could never grow new ones. But now we know that the brain isn't "hard-wired;" It can grow new neurons and form new neural pathways. All we have to do is to keep thinking, learning, experiencing, and remembering: Exercising our brain. The class instructor is Mary Jane Sterling, frequent OLLI instructor and lecturer emeritus, Bradley University.

1:00 PM

5. Positive Psychology

Using a disease model, traditional views of psychology conceptualized people as frail victims of unhealthy environments or flawed genetics striving for balance and survival (at best). This changed in the 1990s when the new discipline of positive psychology was proposed and developed. Positive psychology is the study of what makes our lives worthwhile and is concerned with both our strengths and weaknesses, our abilities to build potential, and achieve fulfillment and equilibrium. This course will focus on important research areas that have been explored using positive psychology as a window through which to better understand ourselves and our world. Our instructor is Marjorie Getz, Professor at Methodist College



OR

6. Color with Me: Botanical Masters

This class will introduce participants to key contributors of botanical art in the 17th, 18th and early 19th centuries. During this time of rapid enlightenment, botanical artists were central to the exploration, documentation and distribution of developments in botany and horticulture. Their efforts not only advanced science, but also created stunningly beautiful and colorful paintings, drawings, and prints. Class will include slide show presentations, color and technique analysis of each artist, live online discussion, and shared time for completion of coloring pages sent in advance of each session via email. Participants may print out and color these pages during (or after) the live online class session. An online "gallery" of finished pages and/or inspired works will be shared with participants at the end of the class. No special materials required. Use whatever colored pencils, crayons, pastels, or paints you have on hand. Peggy West is a certified Botanical Illustrator and Peoria based artist and printmaker. She is the driving force behind Wild Peoria.com

3:00 PM

7. Putin's Russia

This course will explore how Putin has come to dominate his country's political arena. It will explore how he has corralled the elites, how he deals with opposition, his control of the economy and media, and his foreign policy. Our instructor, Angela Weck, is a Bradley University affiliate instructor and global education coordinator

OR

8. In a Glass House: Protecting Your Computer, Identify, and Finances for Non-Techies

We see scary headlines almost every day: computer viruses, fraudulent emails, bank accounts emptied, credit card information stolen, identity theft, security flaws in the Internet, etc. If the security professionals and large corporations cannot protect information, how can an ordinary person? Janet Sanders, Information Security Manager at CEFCU, will provide practical tips for the non-technical person about protecting your computer, safe(r) Internet surfing, reducing credit/debit card fraud, preventing identity theft (financial and medical), social media privacy, and more. Janet Sanders previously taught this class in Spring 2015 and Spring 2017, and we concluded every OLLI member who uses a computer needs to take this class. This is your opportunity!

OLLI Virtual Study Groups



\$25 per Study Group per person; Each Study Group meets once per week over a course of 4 or more weeks; session times vary, ranging from 1 to 2 hours per week.

Explore the World from Home with John Amdall

Mondays, June 1, 8, 15, and 22 from 1:00 - 2:15 p.m.

Our life is now being spent at home. However.....This Virtual OLLI Study Group will explore the basics on how to explore the world, from home, using your computer at home. We will start with the basics of safe Internet browsing and then discuss the tools: search tools, Google Earth, virtual museum visits, local resources, and FaceBook. A computer or laptop (either Windows or Apple) is recommended for this Virtual OLLI Study Group. During the first session we will discuss the specific setting choices on each of these devices and understand the security / privacy tradeoffs with these setting choices. A tablet or smart phone could certainly be used, but some of the websites we will be exploring work better on a computer or laptop.



TED Talks for Lifelong Learners with Greg Peine

Tuesdays, June 2, 9, 16, and 23 from 9:30 – 11:30 a.m.

From the TED.com homepage: "TED is a nonprofit devoted to spreading ideas, usually in the form of short, powerful talks (18 minutes or less). TED began in 1984 as a conference where Technology, Entertainment and Design converged, and today covers almost all topics - from science to business to global issues - in more than 100 languages. Our agenda is to make great ideas accessible and spark conversation." This study group will access some great ideas by watching two or three TED talks, at our leisure, during the week and then come together to critically discuss our thoughts and observations about the ideas presented in the talks. The talks selected by the facilitator will include ideas about life, art, and global issues. The list of talks will be different than those used in previous TED Talk study groups. A discussion study guide will be provided for each talk.

Now Booking with Jane Hense, Gary Nelson, Roberta Koscielski, Murv Pretorius

Tuesdays, June 2, 16, 30, and July 14 from 2:00 - 3:15 p.m.

Hello Fellow Readers, Please join us for an online book discussion group featuring four short novels led by four ardent readers. Books bring people together in new ways; they allow us to share perspectives and bridge differences of opinions. We begin Tuesday, June 2 and meet every other week through July 14 at the same time. For each book selection, we considered the ease of securing the book as well as the length. We hope you enjoy a first read or a second deeper read of the titles we have chosen. June 2, "News of the World" by Paulette Jiles. Leader: Jane Hense. June 16, "A Lesson Before Dying" by Ernest J. Gaines. Leader: Gary Nelson. June 30, "Samurai's Garden" by Gail Tsukiyama. Leader: Roberta Koscielski. July 14, "The End of the Affair" by Graham Greene. Leader: Murv Pretorius. Virtual Study Groups \$25 each, per person, includes all four weeks.



OLLI Virtual Trips

Dinner and Behind the Scenes events vary; Usually \$25 to \$30 per person, includes food and private Zoom link for event.

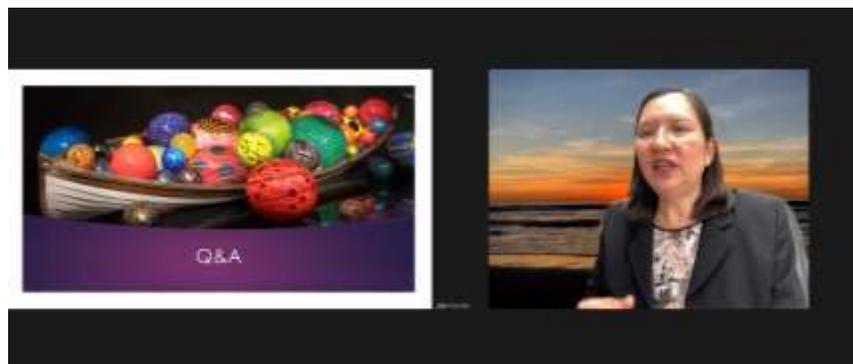
June 3 and 4: Two25

June 17 and 18: Untamed Chef

June 24 and 25: Childers

Virtual OLLI Originals

OLLI Originals are unique programs, usually held in just one session for \$10 per person although programs and costs may vary.



Monday, June 1, 9:30 a.m. Pierre Paul, "We Hear You" Creator

Pierre Paul is a Bradley graduate who moved to the United States from Brazil 15 years ago and recently became a U.S. citizen. He is the CEO of "We Hear You" LLC, a company he founded as part of the Social Impact Challenge. Pierre Paul's creation is communication software that translates American Sign Language (ASL) into spoken language.

Tuesday, June 2, 3:00 p.m. J.D. Dalfonso, Enjoy Peoria

J.D. Dalfonso is the president and CEO of Enjoy Peoria, also known as the Peoria Area Convention & Visitors Bureau, a nonprofit organization that promotes the Peoria area as a destination and contributes to the economic growth of its communities.



Friday, June 5, 9:00 a.m. Brian Johnson, Greater Peoria Sanitary District

Brian Johnson, Greater Peoria Sanitary District Executive Director, will give a virtual tour of the wastewater treatment plant and answer your questions about the sanitary district.

Monday, June 8, 9:30 a.m. Rachel Loomis, Living Lands and Water

Rachel Loomis is the Education Coordinator for Living Lands & Waters. Spending up to nine months a year living and traveling on the barge, the Living Lands & Waters crew hosts river cleanups, watershed conservation initiatives, workshops, tree plantings and other key conservation efforts. Learn how they have removed 10 million pounds of garbage from America's rivers.

Tuesday, June 9, 3:00 p.m. Carol Merna, Center for the Prevention of Abuse and Sheriff Brian Aspbell

Sheriff Brian Asbell and Carol Merna, Executive Director of the Center for Prevention of Abuse will discuss the rise of abuse in the local area.

Monday, June 15, 9:30 a.m. Chief Mike McCoy, St. Jude Runs

Mike McCoy, Chief of Police in Washington, will discuss his role as the co-founder of the St. Jude Memphis-to Peoria Run and the new opportunities and challenges the 2020 St. Jude Run faces.

Friday, June 19, 3:00 p.m. Beth Crider, Peoria County Regional Superintendent

Beth Crider, Peoria County Regional Superintendent will discuss how Peoria area schools plan on students coming back to school this fall.

Monday, June 22, 9:30 a.m. - Eric Miller, Tri-County Regional Planning Commission

Eric Miller, Tri-County Regional Planning Commission will discuss the recent Long-Range Transportation Plan.

Tuesday, June 23, 3:00 p.m. - Roberta Koscielski, Peoria Public Library

Roberta Koscielski, Deputy Director of the Peoria Public Library and a favorite OLLI class instructor will discuss how the Peoria Library is handling the obstacles in this challenging time.

Thursday, June 25, 9:30 a.m. – Virtual Tour of Crystal Bridges Museum

Join a Crystal Bridges of American Art Gallery Guide for a virtual look at some highlights from the museum's permanent collection. The guide will provide some background information on the museum and lead a discussion where you'll get to explore some favorite artworks.



Thank You

for supporting our lifelong learning community.

