

Student Name:

Parent Name:

Date:

Read each item below and then rate that item based on the extent to which you agree or disagree with how well it describes your student. Use the rating scale below to choose the appropriate score.

Strongly Disagree 1 Disagree 2 Tend to disagree 3

Neutral 4

Tend to agree 5 Agree 6 Strongly agree 7

1. My student does not jump to conclusions.
2. My student thinks before they speak.
3. My student does not take action without having all the facts.

4. My student has a good memory for facts, dates and details.
5. My student is very good at remembering things they have committed to do.
6. My student seldom need reminders to complete tasks.

7. My student's emotions seldom get in the way when performing tasks.
8. Little things do not affect my student emotionally or distract them from the task at hand.
9. My student can defer personal feelings until after a task has been completed.

10. No matter what the task, my student believes in getting started as soon as possible.
11. Procrastination is usually not a problem for my student.
12. My student seldom leave tasks to the last minute.

13. My student finds it easy to stay focused on their work.
14. Once my student starts an assignment, they work until it's completed.
15. Even when interrupted, my student finds it easy to get back and complete the job at hand.

16. When my student plans out their day, they identify priorities and stick to them.
17. When my student has a lot to do, they can easily focus on the most important things.
18. My student typically break big tasks down into subtasks and timelines.

19. My student is an organized person.
20. It is natural for my student to keep their work area neat and organized.
21. My student is good at maintaining systems for organization.

22. At the end of the day, my student usually finished what they set out to do.
23. My student is good at estimating how long it takes to do something.
24. My student is usually on time for appointments and activities.

25. My student takes unexpected events in stride.
26. My student easily adjust to changes in plans and priorities.
27. I consider my student to be flexible and adaptive to change.

28. My student routinely evaluate their performance and devise methods for improvement.
29. My student is able to step back from a situation in order to make objective decisions.
30. My student “reads” situations well and can adjust their behavior based on reactions of others.

31. I think of my student as being driven to meet their goals.
32. My student easily gives up immediate pleasures to work on long-term goals.
33. My student believes in setting and achieving high levels of performance.

34. My student enjoys working in a highly demanding, fast-paced environment.
35. A certain amount of pressure helps my student to perform at their best.
36. Jobs that include a fair degree of unpredictability appeal to my student.