



Taking Action to Improve Outcomes

Retirement Plan Education – September 10 & 11, 2025

Agenda



Participant Decision #1

- Savings Rate
- Catch up Rules
- Pre-tax vs Roth



Participant Decision #2

• Investment Selection



Participant Decision #3

Beneficiary Designation

Who Oversees the Retirement Plan?



- 403(b) Plan Investment Committee
 - Meet formally on quarterly basis to review all matters related to the retirement plan benefit
 - Comprised of your peers and members of the Bradley University administration team



- **PlanPILOT**
 - Independent retirement plan consultant that participates in all Committee meetings
 - Conflict free
 - Expert in investment analysis/oversight, with a keen focus on performance, risk and expenses



Both the Committee and PlanPILOT act in a fiduciary capacity, making decisions in the best interest of employees

Bradley Retirement Plan – Summary Information

- Employee Deferrals are limited to an annual maximum of \$23,500 for 2025, \$31,000 if achieving age 50 by December 31, 1975, and employees turning age 60-63 may contribute up to an additional \$11,250 in 2025
- Employer Contributions: One year of service for eligible classes of employees
- Employees who have opted out of the retiree health program OR who were hired after October 1,
 2017 receive an additional 2% nonelective contribution from Bradley

Employees meeting eligibility requirements may also receive an employer matching contribution as

follows:

Employee Deferral Amount	Hired before 10/1/2017 and opted out of retiree health program, or hired on or after 10/1/2017	Hired before 10/1/2017 and who have opted to enroll in the retiree health program
Less than 2%	0%	0%
2%	0.80%	0%
3%	2.20%	0%
4%	3.60%	0%
5%	5.00%	5.00%

Participant Decision #1

Savings Rate



How Much Do I Need to Save?

- A 5% employee contribution maximizes the Bradley match
- Evaluate your income, expenses, debts, and savings to understand your present financial health
- Consider the lifestyle you want in retirement hobbies, living arrangements, travel
- Identify your planned expenses during retirement –
 healthcare, housing, leisure activities
- Other things to consider age, income (and income expectations), retirement timeline

Go to <u>bankrate.com/retirement/calculators/retirement-plan-calculator</u> to run your own calculations.

Participant Decision #1

Savings Rate

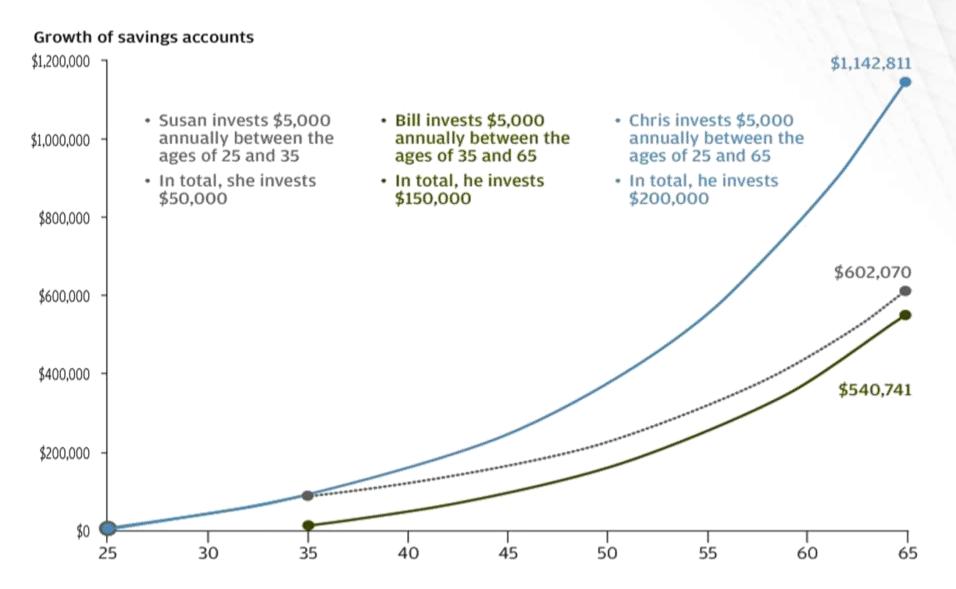


How Much Do I Need to Save?

- We recommended striving for a 15% combined contribution amount
- Getting an early start is key to taking advantage of compounding investment returns, which can impact retirement outcomes as much as or more than increasing your contribution rate
- Save early and save continuously throughout your career

Go to <u>bankrate.com/retirement/calculators/retirement-plan-calculator</u> to run your own calculations.

Savings Example - The Power of Compounding



The example is for illustrative purposes only and not indicative of any investment. Account values in the example assume a 7% annual compounding return.

Participant Decision #1a - Pre-Tax vs. Roth

	Pre-Tax	Roth
Federal & State Income Taxes	Paid at Retirement (when \$ is withdrawn)	Paid Now
Social Security & Medicare Taxes	Paid Now	Paid Now
Minimum Required Distributions	Age 73	None (if rolled into Roth IRA)

The primary difference between Pre-Tax and Roth dollars is the tax treatment

The plan's Roth feature is distinct from any Roth IRA you may already have

Participant Decision #1a:

Pre-Tax vs. Roth

(Tax-Deferred vs. Tax-Free Growth)

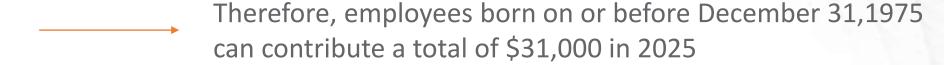
Pre-Tax vs. Roth Decision Factors

- As a general guideline, younger, lower paid workers can benefit from paying lower taxes today, and avoid higher tax rates in retirement when their income is higher.
- Minimum required distributions are not required for Roth balances if they are rolled into a Roth IRA prior to reaching age 73
- An additional thought Roth savings can provide you with some control over your reported annual income in retirement. Using Roth dollars in higher spending years can enable you to avoid higher tax brackets.
- NOTE: Eligible employees will only receive employer matching contributions on their pre-tax contributions; Roth contributions are not eligible/considered for matching purposes

Catch Up Rules

Over 50 Catch-Up Rule

 Starting in the year you achieve age 50, you can contribute additional dollars (\$7,500 in 2025) in excess of the standard contribution maximum (\$23,500 in 2025).



 This catch-up allowance can be utilized every year beginning in the year you turn age 50, but contributions must be made from earned income

Participant Decision #2

Investment Selection



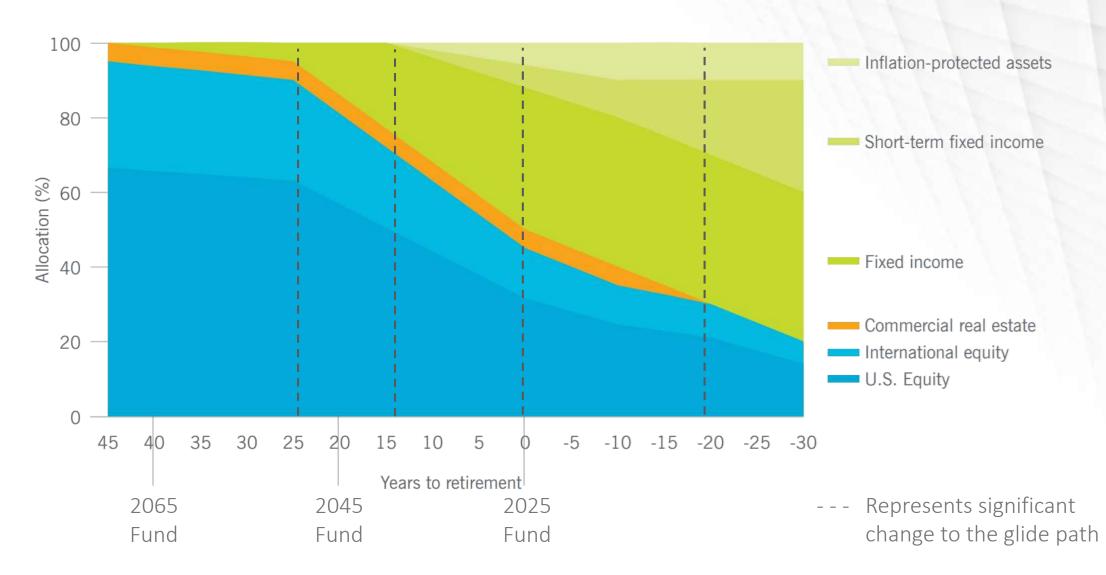
Do-It-For-Me Investment Options

- Nuveen (formerly TIAA-CREF) Lifecycle Funds
 - Different fund options based on your target retirement date
 - Rebalances to restore appropriate investment mix
 - Market risk is reduced as you approach and enter retirement

Recent Investment Change

- Effective September 9, 2025, TIAA Real Estate was closed on the investment menu
 - Retirement Choice contract balances (and future contributions) were directed to your age-appropriate
 Nuveen Lifecycle fund
 - Individual contract balances will remain invested in the Account
- As always, you retain control over the allocation of your retirement plan investments you can transfer your balances and/or change contribution elections at any time
- For additional information, please refer to TIAA's participant communication (issued the week of 8/4)

Nuveen Lifecycle Glide Path



Nuveen Lifecycle Glide Path

- Diversified Investment Solution
 - US and International Stock Funds + US and International Bond Funds
 - A single target date fund (e.g. Nuveen Lifecycle 2050) invests in hundreds of stocks and bonds
- Automatically adjusts investment mix as you age
 - Sells stock funds and buys bond funds and other safer assets to reduce risk of large losses
- Rebalances to restore appropriate investment mix
 - Sells stocks when markets go up
 - Buys stocks when markets go down
- Maintains focus on long-term goal

Investment Selection: Do-It-Myself Investment Options

U.S. Equity Funds	Global/Int'l Equity Funds	Fixed Income Funds
(Higher Risk/Return Potential)	(Higher Risk/Return Potential)	(Moderate Risk/Return Potential)
 Vanguard Total Stock Market Index Putnam Large Cap Value Parnassus Core Equity (ESG) Vanguard Institutional Index AB Large Cap Growth Vanguard Mid-Cap Index Delaware Small Cap Core Vanguard Small Cap Index 	 Vanguard Total International Stock Index American Funds EUPAC (Foreign Large Equity) American Funds New Perspective (Global Equity) 	 Baird Aggregate Bond Nuveen Core Impact Bond (ESG) Vanguard Inflation-Protected Securities Guaranteed/ Money Mkt (Low Risk/Return Potential) TIAA Traditional TIAA Stable Value Nuveen Money Market

Overview of Fund Options – ESG

- Environmental, Social, and Governance (ESG) funds were added to offer best-inclass managers that have both performed well and taken a proactive approach to **ESG** investing
 - Nuveen Core Impact Bond (U.S. Fixed Income)
 - Parnassus Core Equity (U.S. Equity)







Investment Selection: Key Investment Considerations

1. Investment Time Horizon



Retirement Savings versus Emergency Fund



Life Expectancy versus
Retirement Date

2. Types of Risk

 Avoiding market (or volatility) risk increases inflation (or longevity) risk

 Always balance these risks against your time horizon

Weathering Stock Market Volatility

Key Questions

- Have my long-term needs changed?
- Has my time horizon changed?
- Is my investment strategy suited for any market environment?
- Should I be rebalancing my portfolio?



Act on insight, not on instinct; market timing can be a dangerous habit



Invest with discipline



Consider the true cost of holding cash

Weathering Stock Market Volatility

- A lot is still unknown
- Markets are strong for the year-to-date
- Diversification is KEY, not timing the market

Stock Market News, April 16, 2025: Dow ends down nearly 700 points, Nasdaq tumbles 3.1% and S&P 500 lower after Powell signals rate cuts can wait

- April 16, 2025

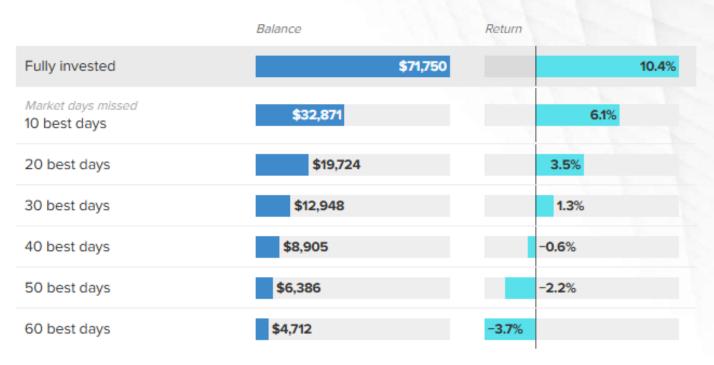
S&P 500, Nasdaq close at records on jobs data; Nvidia market cap nears \$4 trillion

- July 3, 2025

Performance of a \$10,000 investment in the S&P 500 over 20 years

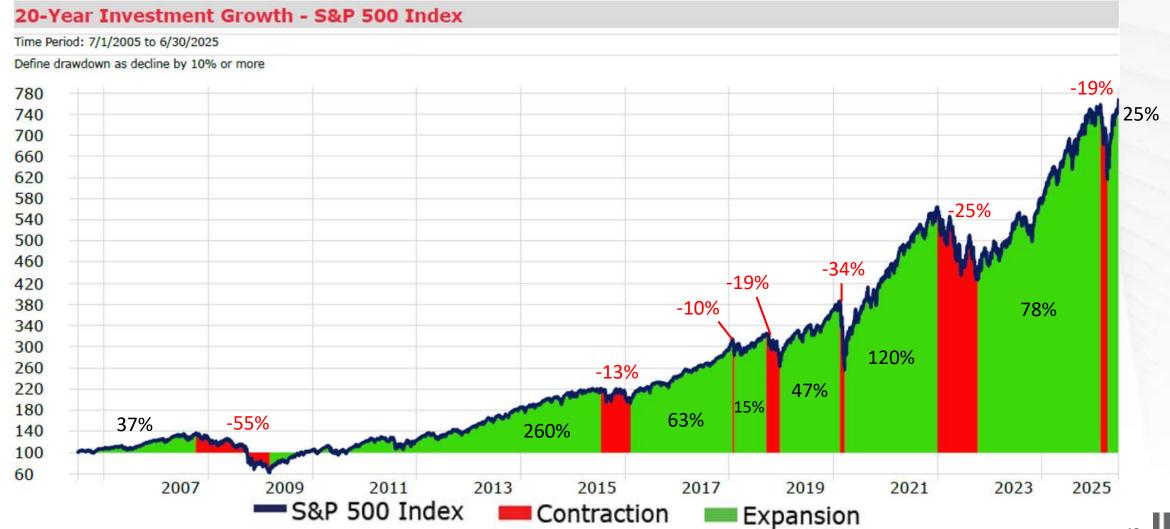
Total returns I Jan. 3, 2005-Dec. 31, 2024

Missing the markets best days significantly reduces the return on investment.



Source: JP Morgan Asset Management

Weathering Stock Market Volatility



Participant Decision #3

Beneficiary Designation



Beneficiary Designation

Participants w/ Spouse, Domestic Partner or Civil Union Partner

- Your spouse, domestic partner or civil union partner is your beneficiary unless the spouse or partner waives this right
- You should still complete a beneficiary designation form and name secondary beneficiaries
- If spousal waiver is signed, then you will need to specify your primary beneficiary, as well as name your secondary beneficiary

Single Participants

 You should review your beneficiary designation to ensure that you agree with your most recent selection

Default beneficiary is your estate

NOTE: All participants should ensure that their beneficiary designations agree with their estate documents, consulting attorneys or financial planners as necessary

Final Thoughts & Action Items

- Online Retirement Calculator from Bankrate
 - Estimate the savings you will have when you retire with fully customizable input criteria, including:
 - ➤ Contribution percentage
 - ➤ Current age
 - >Annual salary increase

- > Age at retirement
- ➤ Current balance
- ➤ Annual rate of return
- Criteria can be adjusted to show the impact on long-term outcomes
- <u>http://www.bankrate.com/retirement/retirement-plan-calculator</u>

Final Thoughts & Action Items

- Set realistic goals, create, and maintain a manageable and achievable retirement plan tailored to your needs
 - Take advantage of the Bradley match
 - Review your existing savings strategy, investment selections, and beneficiary designation(s)
 - Maintain a long-term focus in your retirement investing



Thank You



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