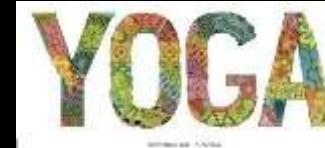


Group Fitness Schedule

January 21, 2026 – May 5, 2026

Time	Monday	Tuesday	Wednesday	Thursday
6:15 am				
12:05 pm	 Strength Development Markin 201	 Strength Development Markin 201	 Strength Development Markin 201	 Strength Development Markin 201
12:10 pm		 YOGA Markin 201		 YOGA Markin 201
6:00 pm		 LesMills BODYPUMP Markin 201		 LesMills BODYPUMP Markin 201
6:30 pm		 LesMills sprint Markin 20		