

Bradley University
College of Education and Health Science
Department of Nursing

Policy: Personal Symptom Monitoring and Reporting – COVID19

Purpose: To outline requirements to reduce risk of exposure and transmission of the COVID19 virus in Nursing Students and guidelines for symptoms.

Policy Statement: It is the professional responsibility of health care personnel to maintain vigilance of their own health status in order to protect their patients/clients in the health care setting. It is expected that nursing students comply with requirements from the University and practicum sites and are honest in their reporting of symptoms. Campus guidelines for exposure and quarantine are found here: <https://www.bradley.edu/sites/coronavirus/faq/students/>

Students are to follow the CDC guidelines for protecting their own health and the health of others at all times. Guidelines for prevention of the spread of COVID19 include: (Source: [CDC](#))

- Avoiding close contact with others. Maintain at least 6 feet of distance.
- Wash your hands frequently for at least 20 seconds, using soap, water, and friction.
- Use an alcohol-based hand sanitizer frequently.
- Avoid touching your mouth, nose, and eyes with unwashed hands.
- Wear a mask.
- Cover your mouth and nose when coughing or sneezing (use the inside of your elbow).
- Clean and disinfect frequently used surfaces.

All students are responsible for monitoring their temperature daily, or more frequently if indicated. Daily temperature checks are good practice for monitoring changes in health status.

Undergraduate Student Procedure: OSF Saint Francis and UnityPoint hospitals' procedures for reporting to practicum are to be followed. These are posted on the Sakai sites for each practicum course. If a student is unable to attend practicum, lab, or class due to experiencing symptoms of COVID19, they are to contact [Bradley Health Services](#).

Students will follow guidelines for testing and return to class/practicum/lab procedures per the direction of Bradley Health Services.

Symptoms of COVID19 may include the following: (Source: [CDC](#))

Fever and/or chills	Headache
Cough	New loss of taste or smell
Shortness of breath or difficulty breathing	Sore throat
Fatigue	Runny nose or congestion
Muscle or body aches	Nausea or vomiting
	Diarrhea

Graduate Students: As all BU Graduate Nursing Programs are conducted via distance learning, students within all tracks are to comply with their clinical site COVID policies and expectations for

symptoms monitoring, tracking and exposure. If students are exposed, exhibit symptoms or test positive for COVID, they must notify their clinical site, preceptor and clinical course instructor.