Bradley University Health Services Counseling Center
Informed Consent

The Counseling Center is a division of Health Services and shares the same support staff, medical and nursing staff, and electronic medical record. BU Counseling Center services are provided through the Student Health Fee.

An initial appointment with a counselor or psychiatrist is generally scheduled for one hour. Students are asked to complete the initial evaluation form which can be found on the Counseling Center’s webpage and bring this to the first appointment. Thereafter appointments are generally scheduled for 30 minutes. At the follow up appointments students are asked to fill out a one page questionnaire prior to seeing the mental health provider.

Most follow up appointments are scheduled at the front desk following an appointment. If you are unable to attend this appointment you must call Health Services or e-mail the nurse from the Health Services webpage at least 24 hours prior to the appointment. Effective Spring semester 2010, students who miss more than 3 scheduled appointments within an academic year, will be ineligible for counseling services for the remainder of that academic year and will be referred to the community for treatment. The student may return the following year for services, but one missed appointment will result in a referral to the community. Community mental health treatment is not covered by the student health fee and payment for these services will be the responsibility of the student. Except for illness, cancellations less than 24 hours before the appointment may be considered a missed appointment.

Your mental health information remains confidential within Health Services except for several exceptions:
   a. child abuse or elder abuse
   b. court subpoena for records
   c. student in danger to themselves or others
   d. mandated reporting to state Dept. of Human Service FOID card tracking for students deemed at possible risk to themselves or others

We encourage students to become their own mental health advocates and to work collaboratively with their mental health provider to complete a thorough initial assessment, establish goals of treatment, and to monitor their own progress. Treatment recommendations may include psychotherapy alone or in conjunction with a medical or psychiatric consultation.

As the Health Services Counseling Center provides short term psychotherapy, students who would benefit from more frequent or longer psychotherapy appointments may be referred to the community. More intensive mental health treatment such as inpatient and day treatment programs are available at OSF St. Francis Medical Center or Methodist Medical Center in Peoria. OSF St. Francis Medical Center also has an Eating Disorder Clinic which provides outpatient counseling and a day treatment program.

If you have a question or problem during work hours, please call 677-2700 and relay your concern to a nurse. The nurse will then contact your mental health provider with the information. The mental health provider will call you directly, e-mail you, or have the nursing staff call you back with an answer to your concern or question. If it is after hours, please call 677-3200 and relay your concerns or symptoms to the OSF St. Francis Medical Center’s triage nurse. This nurse will page the Counselor on call or the physician on call if the nurse is unable to directly address your concerns. For a medical or physical emergency, please call 911 or campus police at 677-2000.

By signing this form you acknowledge that you have read and understand the above information, rights, and responsibilities.

_____________________________  _______________________
Signature of student               Date