CLASSES

If you think OLLI classes are like traditional school, you’ll be surprised to learn that we take a different approach. Imagine learning only about the topics you choose, taught by engaging instructors, on a college campus, with people your age, and no tests or grades. Add time for socializing, and you have a sense of what we do. It’s learning - our way!

WEDNESDAYS, October 3, 10, 17, and 24, 2018

COFFEE: 8:30-9:00 a.m.
BREAK: 10:00-10:30 a.m.

8:30 – 10:00 a.m.

1. An Archaeological Exploration of Illinois A.D. 100
Two thousand years ago, a new way of Native American life appeared around present-day Havana, Illinois. Based on hunting and gathering and some cultivation of native plants, the Havana-Hopewell way of life consisted of main villages along the Illinois River and the construction of large mounds of earth that served as cemeteries. In addition, Native Americans acquired exotic materials such as obsidian from the far west and marine shell from the Gulf of Mexico and Atlantic coasts. The objects they made, including pottery vessels and stone animal-effigy pipes, represent extraordinary craftsmanship. In time, this way of life spread to Ohio where it left a stunning record of Native American culture. Within three centuries, this way of life disappeared. Join us as we explore this remarkable chapter in Illinois history with Michael Wiant, retired director of the Illinois State Museum and frequent instructor and trip leader. (RI/RC)

You’ll Love Trip #32

2. Basic Genealogy
This class is designed for beginners who wish to explore their ancestry. It will start with grass roots for the family tree and offer tips, suggestions, resources, experiences, and hints to see what the process will offer. No previous experience is necessary as each lineage is different, and a general overview will give encouragement, ideas, and worth to the study of our ancestors. The end result will be a bare bones knowledge that the student can practice. Class instructor is Barb Benner, member of Peoria County Genealogical Society. (RI/RC)

3. Our Community Responds: The Opioid Overdose Epidemic in Peoria
The United States is in the midst of an opioid overdose epidemic. More people die of drug overdose than car accidents in Illinois. In Peoria, police responded to 50 drug overdoses resulting in 18 deaths in 2015. In 2017, the number of overdoses rose to 280 with 32 deaths. The overdose epidemic affects people of all ages, races, and income levels. To battle this epidemic, all corners of our community must be aware of the problem and understand how to respond to it. Class sessions will provide valuable information on how elected officials, treatment providers, physicians, and those touched by substance abuse disorder are working to prevent people from dying from overdose. The class will be coordinated by Roberta Koscieslki, Deputy Director of Peoria Public Library and a member of the Mayor’s Community Coalition against Heroin.

October 3 – Peoria County State’s Attorney Jerry Brady and Interim Peoria Police Chief Loren Marion will provide an overview of the issue and how law enforcement is responding.

October 10 – Human Service Center Grant Coordinator Chris Schaffner will outline the three waves of the opioid epidemic, explain how opioids change the brain, and describe the types of treatment available.

October 17 – Dr. Michael Cruz, longtime emergency room physician and CEO of OSF HealthCare central region, will provide a glimpse into the medical community’s experience with and response to the opioid overdose epidemic.

October 24 – Sharon Harkless of Cody’s Crusaders and founder of the Peoria Recovery Project, will speak from the heart about her family’s experience with her son’s addiction, his struggle, and how the community can come together to help. (RI/RC)

4. Watercolor Printing – Grapes and Leaves
In this class, we will work on a progressive watercolor painting over all four weeks. In the first week, we will print leaves on the painting from real grape leaves, then gradually add in grapes, background, and details. A $15 supply fee will be collected on the first day of class. Class instructors are Dawn Maloney, watercolorist, and Duffy Farrell, OLLI’s category coordinator for art. (NI/NC)

5. Women Who Cover War
For much of the last century and a half, women had to battle just to be alongside men reporting on war. That is no longer the case, but women war correspondents still face special challenges. We’ll learn about these women, what attributes they share, what challenges they’ve faced, how they compare to their male counterparts, and what special contributions they’ve made to our understanding of war and its victims. Class instructor is Barb Drake, retired Peoria Journal Star editorial page editor, writer, and columnist. (RI/RC)
6. 19th Century – Age of Revolution
Based on the new concepts introduced by the Enlightenment, the 19th century in Europe was an era of rapid, dramatic, and lasting change. Ongoing change is part of all living societies, but in the 19th century, its rapidity, breath, extent, and scope overwhelmed people; they could not absorb all of them psychologically or adjust to the rapid pace of change emerging in urban society. Some obviously preferred the old established system of religious, class, and political traditions. The majority stopped looking to the past and began looking forward to creating an entirely new system based on its belief that humans could engineer and manage their own lives. They began to implement the new ideas of rational governments, equality of all, natural rights, laissez-faire, and the rise of bourgeoisie. Class instructor is Dr. Gregory G. Guzman, emeritus professor of history at Bradley University. (RI/NC)

7. Cancer – What Are We Dealing With?
This series of classes will shed more light into cancer itself and strategies to defeat it. Questions such as how cancer cells are different from normal, healthy cells, and what can turn a healthy cell into a cancer cell will be addressed. After exploring the effects of diverse cancer cells on the body, we will discuss new approaches that seek to defeat cancer. Class instructor is Elke Scholz-Morris, instructor at Methodist College of UnityPoint Health and past OLLI instructor. (RI/NC)

8. Common Place – Changing Lives with Learning
Common Place Family Learning Center celebrated 50 years of service in Peoria in 2017. Beginning with the hope of supportive tutoring and education as a way to combat poverty, the vision of its founder, Mr. Dick Tunks, continues today to enrich educational achievement and support literacy for adults. With tutoring and Common Place classroom support, many adults have altered their lives, grown confident in their abilities, gained academic credentials, and now enjoy gainful employment. In this class, we’ll learn about Common Place’s services and how it changes lives with its youth after-school and summer programs, as well as its weekly food pantry. Class instructor is Pamela Rumba, Executive Director of Common Place Family Learning Center. (NI/RC)

9. The DNA Discussion: Details, Decisions, Decryptions, and Discoveries
It seems as though you cannot turn on the television or scroll through Facebook without a story about family members reunited through a DNA test. Maybe someone has approached you to provide a sample (or you’ve considered it yourself), but you have questions and reservations about putting your DNA out there. Take this opportunity to learn about how technology and the future is a driving force in uncovering more about the past. Find out about the various top companies and the differences in their testing structures and reports, hear more about what you can do with your results once they return, and discover more about you. Class instructor is Amber Lowery, Reference Assistant, Peoria Public Library. (RI/NC)

10. History of Medicine
Julius Bonello, Peoria surgeon and medical historian, will lead this intriguing and entertaining class about many interesting people and incredible facts related to the history of medicine. (RI/RC)

11. Paul’s First Missionary Journey
We will follow Paul’s first missionary journey, locate the places where he ministered, identify his activities in those places, and note his ongoing communications with and to the believers with whom he connected on that journey. Class instructor is Sister Rachel Bergschneider. (RI/NC)

12. Women, Wealth, and Wonderful Ways
Women are a powerful economic force, controlling 51% of all investable assets in the United States. Living longer on average and representing more than half of the population, women face unique financial challenges due to the many roles they often play - including money manager, scheduling, and wellness manager. This class will present the fundamentals of investing, estate planning, and long term care needs, and provide information on how to create a wealth strategy that meets your true needs. Class instructor is Hiral Hudson, a Financial Advisor at Morgan Stanley with 10 years of industry experience. She will be joined by two subject matter experts: David B. Wiest, a partner at Hasselberg, Grebe, Snodgrass, Urban, and Wentworth who practices in the areas of estate planning and estate administration, and Nicole Hanson, ChFC, CLTC, a regional director at Lincoln Financial Group who specializes in long term care planning. (NIs/NC)

BREAK: 10:00-10:30 a.m.

10:30 - 11:30 a.m.

13. Beauty from Ashes: Pompeii and Herculaneum
Covered by the volcanic eruption of Vesuvius almost 2,000 years ago and then rediscovered and excavated in the 1800s, Pompeii and Herculaneum give us the culture of ancient Rome “frozen in time.” Daily life of the wealthy and poor, entertainment, politics, religion, and even pornography – these two cities tell it all. Based on the writings of Pliny the Younger, other ancient writers, graffiti, and the archaeological findings, this class will cover what happened during the eruption of Vesuvius and what we can learn.
Continuing Education

OCTOBER 3, 10, 17, and 24


October 3 - Caterpillar’s Work on Great Projects Across the World
Caterpillar archivist Lee Fosburgh will present how Caterpillar equipment has changed the world for over 100 years. From building the San Francisco cable car system to Three Gorges Dam in China, Caterpillar® equipment has been there to see it all.

October 10 - Caterpillar Foundation’s Work
A Caterpillar Foundation representative will talk about the Caterpillar Foundation’s work in the Peoria area, nationally, and worldwide. This session will focus on the Foundation’s mission to alleviate poverty and how it works “Together. Stronger” by collaborating with partners and communities to build resilient communities and strong economies.

October 17 - The Future of Manufacturing and Technology at Caterpillar
Caterpillar Guest and Community Relations Manager Henry Vicary will discuss where the market is headed and the impact it will have on both Caterpillar and the world. He will also provide an update on Peoria Community Affairs.

October 24 - Inside R&D at Caterpillar
Research and development at Caterpillar is the means by which it identifies, creates, and perfects the technologies and solutions that help its customers be successful. Caterpillar Innovation and Emerging Technologies Director Dan Henderson will provide an inside look at the fascinating innovation process taking Caterpillar into the future. (RIs/NIs/RC)

15. Classic (and not so classic) Math Puzzles
Mathematical puzzles and posers have been around for centuries. Some of the classic (and some of the new) puzzles will be explored. Try out some logic problems, and meet (if you haven’t already) KenKen. There’s something for everyone. Mary Jane Sterling, retired mathematics instructor at Bradley University, frequent OLLI Instructor, and author of many For Dummies books and workbooks, will be the instructor for this class. (RI/RC)

16. Free Will: Reality or Illusion
This class takes a look at two opposed philosophical views concerning the issue of free will. We’ll consider one thinker from the World War II era, Jean-Paul Sartre, who holds that we’re radically free. We’ll juxtapose Sartre’s view to that of the ancient philosopher, Epictetus, a representative of Stoicism, who sees the world around us as out of our control. More importantly, the juxtaposition of these two thinkers will help us discuss what their prescriptions are for living well in this world. Class instructor is Andrew Kelley, associate professor of philosophy and the chair of the Philosophy and Religious Studies department at Bradley University. (RI/NC)

17. Fun Investing to Enhance Your Market Return
Investing does not have to be boring. Add some excitement and potentially exciting returns to your portfolio! In this class, we’ll learn how to select some of the newer investment products available to investors, such as exchange-traded funds, in such areas as artificial intelligence, autonomous vehicles, and more. Come join the discussion and make investing fun again. Class instructor is Carl Williams, senior vice-president at Chapin Davis Investments. (RI/NC)

18. The Gospel Truth
This class will focus on music that was born out of the African American church during the period after the Emancipation Proclamation. The orientation will examine the African American spiritual, born out of the belly of the Antebellum slave. This journey through America’s music includes, but is not limited to, the origin of and the impact on gospel music, as well as all American music. Participants will listen to this beautiful music and will be encouraged to participate in vibrant discussions, as well as sing some of the more familiar gospel tunes. Class instructor is Sharon Samuels Reed, retired Director of Fine Arts for Peoria Public Schools and founder and artistic director of the Heritage Ensemble. (RI/NC)

19. History of Photography
The course will cover the technical, documentary, and artistic aspects of photography. An overview of the history of photography from 1939 to the present will also be presented. Class instructors are local photographers Ray Keithley and Barb Hoffman. (RIs/RC)

20. Literary Lions

October 3 – Barbara Kingsolver
Barbara Kingsolver is an American novelist, poet, and essayist whose award-winning writing is informed by her love of science and social causes. She creates warm and convincing characters and complex plot details that reward her with devoted fans around the world. Her new novel will be released in October. Class instructor is Jane Hense, a retired English teacher and school administrator, OLLI vice president, and frequent study group facilitator.

October 10 – Peoria Area Poets
The creative talent of Peoria Area Poets – including Kevin Stein, Jim Wilhelm, and Dan Fogelberg – will be in the spotlight during this second session of Literary Lions. George Tanner, a retired teacher and avid Italy traveler. (RI/RC)
guidance counselor, will also share his love of poetry by introducing us to “Pithy Poetry” written by many of his fellow Peoria Poetry Club members. 

**October 17 – Daphne du Maurier**

An obituary writer noted of Daphne du Maurier: “She did not want to put her reader’s minds to rest. She wanted her riddles to persist. She wanted her novels to continue to haunt us beyond their endings.” She did exactly this and more in her memorable novels and short stories. Come walk with us through her life and literature during the third session of Literary Lions. Class instructor is Jennifer Bass, retired teacher, OLLI past president, and frequent class instructor.

**October 24 – Mary Oliver**

Now in her mid-eighties, Mary Oliver has been called the most popular living American poet. She is essentially a nature poet in the 19th century romantic tradition of John Keats and Ralph Waldo Emerson. We will learn about her life and her poetic philosophy by reading and discussing some of her most famous poems. Class instructor is Peggy Carter, a retired Bradley English professor and frequent class instructor. (RIs/NCs)

21. **Peoria Riverfront Museum: Behind the Scenes**

Get a behind-the-scenes look at your museum – The Peoria Riverfront Museum! Museum leaders, including the President and CEO, will share the history of the museum, information about its collection, a behind-the-scenes look at the Giant Screen Theater and Dome Planetarium, and an overview of museum educational programs and membership. Class instructors are John Morris, Kate Schureman, Renae Kerrigan, Anne Marie Miller, David Stief, Jack Daleske, and Bill Conger. (RIs/NIs/NC)

22. **Soil - Its Origin, Biology, and Maintenance**

This class will cover how soils form, factors that affect soil formation, basic soil biology, and relationships between soil and microbes that help plants thrive. In addition, we will discuss how soils are degraded, and ways to slow or stop that degradation from taking place. Class instructor is Duane Friend, an energy and environmental stewardship educator with University of Illinois Extension. (RI/NC)

23. **Where’s My Income? Cash Flow in a Low Interest Rate Environment**

With both interest rates and dividend yields at historically low levels, it has become increasingly difficult to generate sufficient income without taking on significantly more risk. We will explore various tax- and fee-efficient solutions to this problem and how to integrate such strategies into a traditional portfolio. The goal is to have a very interactive class where a portion of the discussion will be determined by questions and comments from the members. No investing background is required. Class instructor is Anthony Ault, CFA® Financial Advisor at Morgan Stanley and adjunct instructor of finance at Bradley University. (RI/NC)

**LUNCH: 11:30 a.m. - 12:30 p.m.**

During the lunch hour, you can dine at one of our neighborhood restaurants, bring a sack lunch, or partake of several campus options. If you choose to stay on campus, try the Michel Student Center’s Marketplace (featuring several restaurants), or enjoy buffet lunches in the ballroom.

**OLLI soup, salad, and sandwich buffet, $42 for all four days (includes beverage).**

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<tr>
<th>Date</th>
<th>Lunch Options</th>
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<tbody>
<tr>
<td>October 3</td>
<td>Garden salad, chicken salad sandwich, tomato ravioletti, and chicken noodle</td>
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<tr>
<td>October 10</td>
<td>Garden salad, roast beef sandwich, Wisconsin cheese, and vegetable</td>
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<tr>
<td>October 17</td>
<td>Garden salad, ham sandwich, cream of broccoli, and chicken tortellini</td>
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<tr>
<td>October 24</td>
<td>Garden salad, turkey sandwich, potato bacon, and broccoli cheese</td>
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12:30 - 1:30 p.m.

24. **Andrew Lloyd Webber and His Impact on Musical Theatre**

Andrew Lloyd Webber has produced the musical soundtracks for theatre, movies, and other genres from classical to rock for 40 years. His life, career, and works will be examined along with appraisal of major artists who rose to fame through his shows. Everyone recognizes his classics, a few of which include *Phantom of the Opera*, *Evita*, and *Cats*, most of which continue to be performed worldwide. Class instructor is Stan Ransom, retired teacher and frequent OLLI instructor. (RI/NC)

**OLLI participants are students again in a one-room schoolhouse in historic Knoxville, Illinois.**
25. Blitzkrieg Tactics from Napoleon to the Civil War
Modern warfare is still based on the same methods used by the Germans in World War II. In this class, we will learn how the method was used from Napoleon’s time to World War I, and used from the Civil War to World War II. Class instructor is John Schreiber. (NI/NC)

26. Fun in Spanish
Keep your mind active by brushing up on your high school Spanish or by learning the language for the first time. Dottie Strickler, retired high school Spanish instructor, will concentrate on just the basics: common phrases and vocabulary. There will be emphasis on using Spanish in fun, spontaneous stories, too. Handouts of simple words and phrases will be provided. The only requirement for participants is to be active listeners, and no previous knowledge of Spanish is necessary. (RI/NC)

27. How to Listen to Music
David Commanday is the artistic director and conductor for the Heartland Festival Orchestra (HFO), director of instrumental music at Eureka College, and music director of Youth Music Illinois. In this class, Maestro Commanday will share insights into how music works, including the physics of musical sound, the elements of musical art, and the psychology of musical expression. You will learn about different types and periods of music, and what is both common and distinct among them. He will also lead a discussion of what you hear, what you do not hear, how you can learn to listen “better,” and how you can expand your musical horizons. (RI/RC)

The Nature Conservancy is a leading conservation organization working around the world to conserve the lands and waters on which all life depends. Founded in 1951, the Conservancy protects nature in all 50 states and in more than 80 countries. This class will provide an overview of The Nature Conservancy, then focus on its work in Illinois with presentations on its Sustainable Agriculture Program, the Illinois River and Emiquon Project, the University of Illinois at Springfield’s Therkildsen Field Station located at Emiquon, and how staff engages with public officials in Illinois. Class instructors are Nature Conservancy employees Caroline Wade, Jason Beverlin, Dr. Thomas Rothfus, Ashley Maybanks, and Heather Hartman. (NIs/RIs/NC)

29. Organize and Downsize
Are you tired of dealing with clutter? Time to downsize? This class, back by popular demand, covers organizing and downsizing basics, including why letting go is so hard, how to manage paper, and strategies to reach your home organizing goals. Participants will be given (optional) weekly “homework,” and class discussions will provide opportunities to make progress and learn from one another. Now is a great time to get organized! Class instructor is Kate Varness, CPO-CD®, COC®, MA, owner of Green Light Organizing and Coaching in Peoria, who has been helping clients organize their homes and reach their goals for over 13 years. (RI/NC)

30. The Past, Present, and Future of Public Transit in Peoria
The Greater Peoria Mass Transit District delivers over three million rides each year with its three transportation programs: CityLink, CityLift, and CountyLink. The technology for public transportation is rapidly changing to improve safety, to provide the riders with more information, and to lower costs. The history and the future of public transportation will be described by Doug Roelfs, general manager of Greater Peoria Mass Transit, and other staff, with a focus on the exciting new technologies that are expected to be implemented at GP Transit in the next few years. For all of us concerned about transportation as we age, this is a critically important topic. (NI/NC)

31. Reframing the Health Care Challenge through Innovation
Innovation in health care is exciting and challenging. It can be as ambitious as transforming how our communities receive care, and as targeted as a small refinement in our waiting rooms. OSF HealthCare is looking at the challenges patients, providers, and businesses face in health care today. What needs to change to improve outcomes and make health care safer, more accessible, and more affordable? What are the initiatives that will bring the greatest value to our communities and the world? Learn how OSF HealthCare believes innovation is the catalyst for transformation and how they are designing better conversations, analytics, and solutions to change health care for good. This series of four interactive sessions will be taught by team members from OSF Innovation. (NIs/NC)

32. Singing Psalms
This class will examine the Psalms of praise and sing them. Some of these were popular in older hymnals; the others will be put to music using the poetic rendition of Isaac Watts. Class instructor is Cheryl Rhodes, retired minister, frequent OLLI instructor, and philosophy and religion category coordinator. (RI/NC)
2:00 - 3:00 p.m.

33. 1919 Paris Peace Conference
World War I ended with an armistice on the 11th hour of the 11th day of the 11th month of 1918. The allied powers needed to hammer out a peace with the central powers headed by Germany. The Paris Peace Conference of 1919 was that meeting. It imposed treaties on the central powers, changed the history of the Middle East, and saw America enter the world stage as a major power. This class will look at the Peace Conference and the role America played. Class instructor is Bernie Drake, local historian, former President of the Peoria Historical Society, and frequent OLLI instructor and facilitator. (RI, RC)

34. Exchange-Traded Funds (ETFs) – Making Educated Decisions
Whether you are a novice or expert in investing, exchange-traded funds (ETFs, similar to mutual funds) are an important investment vehicle to understand and implement within your portfolio. There are over 2,100 ETFs available in our market, with more than $3.5 trillion in assets under management. So, which ETF(s) are right for you? The knowledge that you will gain learning about these funds will enhance your investing experience. We will explore the fundamentals and learn different investment strategies available for investors utilizing these funds. Your fearless leader and class instructor is Jeremy Kellem, CFP®, senior financial advisor at Merrill Lynch. (RI, NC)

35. Frank Lloyd Wright – 150 Years of Genius
When Frank Lloyd Wright began his training as an architect in 1887, telephones and electric lamps were in their infancy; the automobile and the airplane had not yet been invented. By the end of Wright’s career in 1959, televisions had become fixtures in American homes, and unmanned rockets were being launched into space. During these decades of dramatic change, Wright designed 1,141 structures, museums, churches, homes, bridges, and more, but only 532 were built; 409 still stand. A master of three-dimensional form and a champion of natural materials, Wright was recognized during his lifetime as an architectural genius. Follow along in a four-part review of Frank Lloyd Wright’s career as instructor Abbie Alexander, an interpreter at the Dana Thomas House in Springfield, interprets his work through a camera lens. (RI, NC)

36. Having Fun with Your Grandkids Through Chemistry
Learn how to transform chemistry into fun, interactive learning experiences for your grandkids. Each class session will focus on making chemistry exciting for both you and kids ages 3 to 12 years old. Specific topics include: changing matter; dry ice capades; water works; slime time. The focus of the class is on understanding the science, exploring and observing natural phenomena, seeing that pictures and symbols have meaning, and following simple instructions. Instructor Susan Naschert, a former University of Illinois research chemist, has also taught chemistry at Bradley University and Illinois Central College. (NI, NC)

37. Health Care in America
The United States healthcare system is large, complex, and expensive. It now consumes almost 18% of our gross domestic product, and clearly affects every citizen. This class will discuss the evolution of the current delivery system from small cottage industry to its current form, the financing system, education of the workforce, including a discussion of provider burnout and teaching civility in the workplace, and some possible options to provide universal health insurance. Discussion of the Affordable Care Act and efforts to repeal or replace it, as well as a comparison of systems used in other developed countries, will also be included. Class instructor is Dr. Bill Albers, a professor emeritus of pediatrics and retired pediatric cardiologist at University of Illinois College of Medicine – Peoria. (RI, RC)

38. Inside The FBI
In this class, FBI special agent Chris Anglin will provide an overview of several topics related to the work of the federal agency. Participants will learn about interviews and interrogations, organized crime syndicates and the RICO (Racketeer Influenced and Corrupt Organizations) Act, how to protect themselves against commonly exploited vulnerabilities in internet fraud and phone scams, and the differences in federal and state criminal justice systems. (RI, NC)

39. Look What I Did
October 3 - Peoria Disposal Company: How A Man and a Truck Became One of the Largest Waste Companies in America
Chris Coulter is the fourth generation of a local family to lead Peoria Disposal Company (PDC). In 1928, his great grandfather went door-to-door asking potential customers if he could pick up their trash. Today, PDC has more than 600 employees, 300 trucks, three landfills, and four analytical laboratories. Chris will explain how the family business has repeatedly turned defeat and failure into the fuel that feeds innovation and growth. (NI, NC)

October 10 – He Did It Just Because the Experts Said It Could Not Be Done
Throughout his life, David Gray excelled in making things work and was interested in anything that moved, including model airplanes. One day he read a
magazine article that said it was impossible to design a radio-controlled model helicopter... so he decided to do it. He is credited with inventing and flying the first radio-controlled model helicopter in 1970, and his model is now at the Smithsonian’s National Air and Space Museum. (NI/NC)

October 17 – Perfecting the Sculpture Of Sound – and the New 9/11 National Memorial
The mission of Brett Fugate’s small business is “to continue to perfect the sculpture of sound.” He has spent 25 years gaining experience in tuning sounds of percussion instruments and innovating their designs. With these capabilities, his musical instrument manufacturing company was selected to design and fabricate 40 wind chimes as part of the new 9/11 National Memorial – producing sounds of both consonance and dissonance. Sound impossible? Join us to hear the story! (NI/NC)

October 24 – For the Love of History – Writing and Publishing a Book
Have you ever thought about writing and publishing a book? Mary Kerr wrote and published a book – twice. Regarding *Mary Lincoln’s Journey*, a renowned Mary Lincoln scholar wrote that it is one of the best young adult Mary Lincoln books he has ever read. Kerr followed this success with a book about the POW camp in Washington, Illinois. (Did you know there was even a camp there?) Join us as Mary shares her journey to learn how to research, write, and publish a book. (NI/NC)

41. Physical and Mental Well-Being in Later Life: What’s Happiness Got to Do with It?
In this class, Marjorie Getz, professor of arts and sciences at Methodist College, will examine the relationship between happiness and good mental and physical health as people age. Getz and students from her Gerontology 300 (Biophysical Aspects of Aging) course at Methodist College will be teaching this course. The students will receive service learning credit (a requirement for graduation) for their work with this class. OLLI participants can help modify stereotypes that young students might bring into a nursing and health science program, as this class provides a wonderful opportunity to learn from each other while enjoying the experience of participating in a topic that has received a lot of recent research. (RI/NC)

42. Poetry for Those Who Hate Poetry
In this class we will not analyze poetry or look for some arcane meaning. Instead, we will explore poetry by writing poetry. You will be provided prompts to write your own poetry, and we will have fun as we delve into the wonderful world of this form of writing. Class instructor is Stan Strickler, who has taught English for 35 years in Stark County, as well as many OLLI classes and study groups. (RI/NC)

43. Why Do Humans Value Music?
Music appears to be universal in human culture and a fundamental attribute of the human species. Anthropologists and sociologists have yet to discover a single culture throughout the course of human history that has not had music. Why is music so valued? What draws us to music? What is the purpose of music in human life? Throughout history, many have wrestled with these fascinating questions yet conclusive answers have always remained elusive. This class will explore and discuss various attempts throughout history to answer questions that typically compel people to explore the nature of humanity itself. Class instructor is Dr. Joseph D. Henry, retired professor of music at Eureka College. (RI/NC)