CLASSES

If you think OLLI classes are like traditional school, you’ll be surprised to learn that we take a different approach. Imagine learning only about the topics you choose, taught by engaging instructors, on a college campus, with people your age, and no tests or grades. Add time for socializing, and you have a sense of what we do. It’s learning - our way!

WEDNESDAYS,
October 4, 11, 18, & 25, 2017

COFFEE: 8:30-9:00 a.m.

8:30 – 10:00 a.m.

1. Colored Pencil for Beginners
   Join our instructor, Mel Turner, as he assists you through the art of colored pencil. Mel’s 16 years of experience with colored pencil techniques will enable him to assist you in awakening your hidden artistic talent. A different project will be introduced each week. A supply list will be provided, and the class is limited to 10. (RI/RC)

2. To Thine Own Self Be True: Personal Identity in the Age of Alternative Facts
   An old debate in psychology concerns whether personality develops across the lifespan. Some theorists, notably Freud, speculated that personality was set before adulthood. Others, including Jung, contended that experiences shaped personality throughout life. More recently, researchers have suggested that … it depends. This class will focus on what pushes personality beyond a collection of traits to a sense of identity. We will study how a life narrative might arise from a yarn spun from our own imagination, wishes, or fabrications (yes, why we might lie!). At the end, we will discuss if our current climate of alternative facts and fake news might give all of us more free-license to embellish who we might be. The class instructor is Marjorie Getz, associate professor, UnityPoint Health - Methodist College, and frequent OLLI instructor and facilitator. (RI/NC)

3. Women Who Cover War
   For much of the last century and a half, women had to battle just to be up there alongside men reporting on war. That is no longer the case, but women war correspondents still face special challenges. We’ll learn about these women, what attributes they share, what challenges they’ve faced, how they compare to their male counterparts, and what special contributions they’ve made to our understanding of war and its victims. The class instructor is Barb Drake, retired Journal Star editorial page editor, writer, and columnist. (NI/NC)

4. The Examined Life: Day-to-Day Philosophy
   Join us for an introduction to philosophy and its application to our thinking and living. We will discuss a few basic philosophical ideas and practices, and learn how we can use them to clarify our thinking and examine our beliefs. Come, let us reason together! The instructor’s approach is based upon James L. Christian’s Philosophy: Introduction to the Art of Wondering, but it is not required reading. The class instructor is Brooks McDaniel, retired ICC professor of philosophy and humanities. (RI/NC)

5. Health Care in America
   The health care system in the United States is large, complex, and expensive. It now consumes almost 18% of our nation’s gross domestic product, and clearly affects every citizen. In this class, participants will learn about the evolution of the current delivery system from small cottage industry to its current form; the current financing system, including factors leading to escalating costs of health care; and education of the workforce, including a discussion of provider burnout and teaching civility in the workplace. We will also discuss possible options to provide universal health insurance, including the status of the Affordable Care Act and efforts to repeal or replace it, as well as look at comparative systems used in other developed countries. The class instructor is Bill Albers, professor emeritus of pediatrics and retired pediatric cardiologist at the University of Illinois College of Medicine in Peoria. (RI/NC)
6. How Do They Know? Taking a Look at Medical Diagnostic Lab Procedures
Lab tests and associated diagnostic procedures are used to help diagnose health issues, and we have all experienced them. What happens after the samples are collected? How do these tests measure infectious agents, hormones, enzymes, metabolites, and drugs? What do the results mean? What are the risks for misleading results? What can these tests not tell us (yet)? And what innovations are coming? Elke Scholz-Morris, instructor at UnityPoint Health - Methodist College, will share her knowledge of diagnostic procedures and help us learn what these procedures mean to us. (NI/NC)

7. How to Listen to Music
David Commanday is the Artistic Director/Conductor for the Heartland Festival Orchestra, Director of Instrumental Music at Eureka College, Conductor of the Central Illinois Youth Symphony, and Conductor of the Young People’s Symphonic Orchestra at Webster University. In this class, Maestro Commanday will share insights into how music works, including the physics of musical sound, the elements of musical art, and the psychology of musical expression. He’ll also help discuss what you hear, what you do not hear, how you can learn to listen “better,” and how you can expand your musical horizons. (RI/NC)

8. Peoria Police Department
Peoria Police officers and command staff will present four sessions with the goal of sharing the inner workings of the Police Department.

**October 4 – Introduction to the Peoria Police Department**
Chief Jerry Mitchell and Officer Amy Dotson will provide an overview of the department. (RI/RC)

**October 11 – Don’t Shoot Program**
Officer Bryan Sylvester will discuss this local law enforcement initiative. (RI/RC)

**October 18 – Neighborhood Services Unit**
Resident Officers Adrian Aguilar, Tony Allen, Sherry Allen, and Jennifer Engelbrecht, will discuss the department’s efforts to improve neighborhood safety. (RI&NI/RC)

**October 25 – Target Offender Unit**
Officers from the unit will discuss the department’s efforts to fight the heroin epidemic. (NI/NC)

9. Peoria Public Schools Pathway to 2020
In the past two years, Peoria Public Schools Superintendent Sharon Desmoulin-Kherat has guided the district through a comprehensive strategic plan with the input of community, parents, students, staff, and board members. During this class, she will review how the district, despite facing the wicked problems of poverty, mental health issues, and uncertain finances, is defying the odds to achieve its mission of ensuring each student reaches his or her academic and personal potential. She’ll address issues of college and career readiness, social and emotional learning, engagement of families and community, and the opportunities for growth in the district. (RI/NC)

10. Renaissance Europe
This class will present the Renaissance as part of the transition between the Medieval and Modern Ages in European history. This period, usually associated with the rebirth of the classical values of the Greek and Roman eras after 1,000 years of medieval emphasis on religion, faith, otherworldliness, and salvation, includes the revival of classical humanism, secularism, rationalism, individualism, and versatility. We’ll also learn about the basic political, economic, social, and philosophical changes that resulted in the rise of a society led by lay intellectuals. The class instructor is Dr. Gregory G. Guzman, emeritus professor of history at Bradley University. (RI/NC)

11. Stem Cells, Tissue Regeneration, and Biotechnology
Uniting biotechnologies with stem cells has advanced the field of regenerative medicine with the promise of successfully treating many complex diseases. Dr. Craig Cady, Director, Stem Cell Research Laboratory at Bradley University, will provide an overview of stem cell biology, nanotechnology, new approaches to genetic engineering, and other technologies important to regenerative medicine. After learning the basics, the class will consider specific advances in treating diabetes, cancer, neurodegenerative disease, cardiac and parathyroid disease as well as methods for regenerating tissues. (RI/NC)
Assistive listening devices are available for all classes. Call 677-3900 for information.

BREAK: 10:00-10:30 a.m.

10:30 - 11:30 a.m.

12. The Alphabet of the Stock Market
As a child you learned your ABCs, but are you familiar with the letters of the market: CEF, ETF, LP & MLP, REIT, and more? What about mutual funds, call-write funds, and individual stocks and bonds? Many of these should be part of your portfolio, so we will review the definitions as well as the pros and cons of owning each, with examples of those to consider and those to avoid. This class is for everyone, from beginning investors to the more advanced. The class instructor is Carl Williams, senior vice president at Chapin Davis Investments. (RI/NC)

13. The Drone Revolution: Entrepreneurial Adventures in Drones
Drones are small, unmanned aerial vehicles that can be controlled remotely or can fly autonomously. In recent years they have become relatively cheap and easy to operate, so use of drones has increased tremendously. This class will lay a foundation for understanding drones, their capabilities, and their limitations. The last two sessions will include presentations by teams of Bradley students who are taking a class about drones; they will propose innovative business opportunities based on drones. The class instructor is Bob Podlasek, associate professor of mechanical engineering at Bradley University. (RI/NC)

14. Five Famous (or Infamous) Roman Emperors: Good, Bad, and Awful
Rome had 86 emperors before the western empire fell in 476 A.D. Some were good, some were bad, and some were simply awful. Using information from the ancient writers of the time, this class will take an in depth look at the political and personal lives of five of the best known emperors: Hadrian, Constantine, Caracalla, Caligula, and of course, Nero. The class instructor is Janene Mattingly, retired Latin teacher at East Peoria Community High School and avid Italy traveler. (RI/NC)

15. Integrating into a Healthy Holistic Lifestyle
This class will introduce participants to the steps needed to change their lifestyles for better health. We will focus on exercise, nutrition, stress management, and structural health. Upon the completion of this class, you will have the necessary steps to make lasting change. The class instructor is Rodney Nelson, certified chiropractic sports medicine specialist. (RI/RC)

16. Looking Inside our Body with Medical Imaging Machines
Medical imaging has grown from a simple x-ray to an array of diagnostic tools using diverse signals and technology. Today’s technologies include: x-ray, radiography, computed tomography, fluoroscopy, mammography, nuclear medical imaging, single photon emission computed tomography, positron emission tomography, ultrasound, Doppler ultrasound, and magnetic resonance imaging. This class will explain how these technologies can “see” inside the human body, how they differentiate different tissues and physiology, and their diagnostic benefits and risk. The class instructor is John Engdahl, the Donald V. Fites chair and professor, Caterpillar College of Engineering and Technology at Bradley University, and adjunct professor of radiology at the University of Illinois College of Medicine in Peoria. (RI/NC)

17. OLLI’s Poetic Lions
This class, an offshoot of the popular Literary Lions class, will feature four instructors who will share their poetry. OLLI member Jude Dubin will read and discuss some of her writing. Ed Douglas, a retired teacher, will present examples of prose and poetry to show how the two can overlap. Brooks McDaniel, retired ICC professor of philosophy and humanities, will discuss two of his books of poetry and the influences on his writing. George Tanner, a frequent OLLI instructor, will offer background on pieces of his poetry. (NI/RI/NC)
18. Organize and Downsize!
Are you tired of dealing with clutter? Time to downsize? This class will cover organizing and downsizing basics (including why letting go is so hard), how to manage paper, and strategies to reach your home organizing goals. Class discussions will provide opportunities to make progress and learn from one another. Now is a great time to get organized! The class instructor is Kate Varness, certified professional organizer and coach.  (RI/NC)

19. Peoria’s Prolific Architects: Hewitt, Emerson, and Gregg
From Washington to Western, Main to Moss, Glen Oak to Grandview, Herbert Hewitt, Frank Emerson, and Richard Gregg shaped Peoria’s skyline. Who were these architects? Which edifice was built in memory of a beloved husband, a deceased daughter, a slain school teacher? Did a bank president get away with murder? We’ll view early 20th century Peoria through photographs and stories of these architects’ work. The class instructor Sue Grawey, a retired social worker and amateur historian, will share her research, but don’t expect information about architecture per se; she can’t identify a parapet or a pediment, but she does know about the lives and legacy of these architects! (NI/NC)

20. Reformation Survey
The year 2017 marks the 500th Anniversary of the Protestant Reformation, the 16th-century religious, political, intellectual, and cultural upheaval that splintered Catholic Europe, setting in place the structures and beliefs that would define the continent in the modern era. This class will cover Luther’s life and writings, the Augsbury Confession, and the beginning of the Catholic and Lutheran dialogue. The class instructor is Bill Dohle, pastor at St. Paul’s Lutheran Church.  (RI/NC)

21. Those Remarkable Bradford Model T Girls
Darlene Dorgan’s father denied her request to go to college in 1930 and tried to appease her with the purchase of a car. He didn’t realize he unwittingly was putting his daughter in the driver’s seat of the car credited with changing the world: one of Henry Ford’s Model Ts. Darlene was determined to ride that wave of change. For nine summers, she led a group of single girls, mostly from Bradford, on adventurous summer vacations in her “T,” named Silver Streak, crisscrossing the continent in search of adventure, meeting the rich and famous, camping, and even sleeping in jails. The class instructor, John Butte, extensively researched the story and will provide an in depth view into the trips, the girls, and that old Model T. (RI/RC)

22. World War I – The War at Sea
In this class, we will address the naval actions of World War I: the politics and rise of the German Imperial Navy, the war at sea in the Mediterranean and Pacific, the battles in the North Sea, and the critical submarine actions in the Atlantic that drew the United States into the war. The class instructor is John Leyland, retired anesthesiologist and amateur historian.  (RI/RC)

LUNCH: 11:30 am - 12:30 pm
During the lunch hour, you can dine at one of our neighborhood restaurants, bring a sack lunch, or partake in several on-campus options. If you choose to stay on campus, try the Michel Student Center’s Marketplace (featuring several restaurants), or participate in OLLI’s buffet lunches in the ballroom. Participants have the choice of purchasing a “hearty buffet” or a “healthy choice” buffet.

Option 1: Hearty Buffet, $42 for all four days (includes sides, dessert, and beverage)
October 4 Rotisserie chicken
October 11 Meatloaf with gravy
October 18 Baked lasagna
October 25 Roasted brisket of beef

Option 2: Healthy Choice, $34 for all four days (includes beverage)
October 4 Soup (chicken with wild rice and broccoli cheese) and salad bar
October 11 Soup (minestrone and Wisconsin cheese) and salad bar
October 18 Soup (tomato ravioletti and cream of broccoli) and salad bar
October 25 Soup (garden vegetable and loaded baked potato) and salad bar

OLLIs members take in the majestic renovations during a tour of Obed and Isaacs Microbrewery.
23. Abraham
Three of the major religions in the world trace themselves back to Abraham. But is it the same Abraham? Come hear the similarities and differences among the Abraham of Jews, Christians, and Muslims. The instructor is Mike Shirey, associate pastor for community building and small group development at Northminster Presbyterian Church. (RI/NC)

24. Baseball and the Liberal Arts
We’ll look at the national pastime through handouts, media clips, and discussion to learn how liberal arts has saturated the sport. There’s baseball’s countless numbers (math), the effects of grass vs. artificial turf, wood vs. aluminum, steroids vs. conditioning (biology and chemistry), how curveballs work (physics), anti-trust exemption, movement of franchises, and play during World War II (sociology, geography, and political science), how athletes can collapse emotionally, from Rick Ankiel to Jimmy Piersall (psychology), its history, journalism, literature and angles from African-American and women’s studies, even philosophy, offering parallels between baseball and the Bible. The class instructor is Bill Knight, an award-winning journalist and journalism faculty emeritus at Western Illinois University. (RI/NC)

25. Laughs, Laps, Love, and Licks
Perhaps you’ve heard about pet rescue organizations whose pets are “fostered” in a pet-loving volunteer’s home. Or you’re at a point in your life when you’re ready for that four-legged faithful companion with antics that make you laugh. Or you have a lap and a lot of love to give, but aren’t aware of what opportunities are available to work with rescued pets. Four community organizations, whose missions help stray and abandoned animals in need, will teach us how they’ve made a difference. There will be cameo appearances by their adoptable foster dogs. (NI/NC)

- **October 4** – Bridget Domenighini, director of Peoria County Animal Protection Services (PCAPS), and Becky Spencer, shelter services coordinator, will tell us about PCAPS’ cooperative programs that transfer hundreds of pets to local and regional shelters and rescue groups each year. (NI/NC)
- **October 11** – Barb Cathey, director of Pets for Seniors in Edwards, will discuss how the organization rescues primarily older dogs and cats from animal control facilities and matches them with senior adopters. (NI/NC)
- **October 18** – Foster Pet Outreach (FPO) president Laurie Bushell, intake coordinator Lisa Baize, and “Foster Mom” Pam Roessler will discuss how FPO rescues adoptable pets primarily from animal control facilities and places them in volunteer members’ homes where they are trained and socialized until they are permanently adopted into responsible homes. (NI/NC)
- **October 25** – Donna and Michelle Kosner of Paws Giving Independence will discuss their service of providing specially trained service dogs free of charge to adults and children with a variety of medical and psychiatric issues. (NI/NC)

26. Look Where I Went
This class allows presenters to take you on their journeys around the world as they share what they learned and experienced.

- **October 4** – Doug and Eileen Leunig: Laos and Southern China
  From the Mekong River to the cloud sea of the Hani rice terraces, see Laos and Southern China through photography as we journey by bus and boat, visiting remote villages and UNESCO World Heritage sites. (NI/NC)
- **October 11** – Steven Flinn: Trans American Trail
  Cross the United States on two wheels utilizing the levees around swamps in Mississippi, flooded sand roads along the Mississippi bottoms in Arkansas, dirt roads extending out the panhandle of Oklahoma, roads through the high passes of Colorado, dry stream beds in Utah, and the labyrinth of fire roads crossing the Cascades of Oregon. (NI/NC)
October 18 – Charles and Judy Bush: Poland
Their planning was put to the test as they traveled through Poland using plane, bus, train, mini-van, street car, and foot power to explore Gdansk, Warsaw, Krakow, and Auschwitz. Each city has significant history, having survived and flourished from varying degrees of Nazi and Soviet occupation. (NI/NC)

October 25 – Jim and Rae Anne Hamp: Newfoundland
Join the Hamp’s recreational vehicle caravan for 50 days in Newfoundland, a vast land with a small population, colorful history, natural wonders, and a unique, delightful culture. (NI/NC)

27. Poof! It’s Magic!
Learn magic effects that require the skills only taught in this class. Find the magic you possess! Mystify your friends, your family, and yourself with your ability to perform entertaining magical effects. Learn magical history and ethics, and discover the fun of the art of magic. Magic is a way to stay in contact with your joyful side. No prior magical experience is required. Materials provided. The class instructor is Char Gott, life member of the Society of American Magicians, International Brotherhood of Magicians, England’s Magic Circle, Peoria Magician’s Assembly, and the Society of Young Magicians. (RI/NC)

28. The Power of Creativity in Community
Creativity enriches and improves life in many ways, some more obvious than others. Kristan H. McKinsey, Director, Illinois Women Artists Project, will provide an historical overview of how societies have valued the arts and integrated them into community life, and guide a tour of an exhibition of activists’ art in Hartmann Gallery at Bradley University. John Morris, President and CEO of Peoria Riverfront Museum, will share his vision to make Peoria an arts destination. Class participants will also review Peoria’s longtime commitment to public arts, and learn how the arts and art education currently benefit our community economically, culturally, and socially. (RI/NC)

29. The Wonderful World of Photography: Photos as Fine Art
This class presents the photographer’s view of what to look for to create fine art photography from around the world to your backyard. You will gain an understanding of how to look for multiple photos (golden nuggets) in the original image, and how to change an ordinary photo to abstract art. Participants will also see examples and demonstrations on how to use a wide variety of Photoshop post-processing and other creative techniques to put your personal stamp on your work. If you are a purist photographer, this class is not for you. But if you want “out of the box” approaches to your photography, this class will help you unleash some of your creative potential. The class instructor is Coleman Mattingly, Caterpillar, Inc. retiree and fine art photographer. (RI/RC)

30. Tips, Tricks, and Technology for Your Home Computer Network
Life is much easier when all of the computer equipment at home “plays together nicely,” and a computer failure is only a minor inconvenience rather than a complete disaster. John Amdall, frequent class instructor, will share his practical, pragmatic recommendations on how to design, implement, and use a stable, secure home computer network built on Apple technology. Topics will include risk management, security, passwords, WiFi, ethernet, hardware, software, printers, storage, and backups. We will also discuss social media, popular software, what to do and what not to do for a stable and secure home computer network. Although the specific examples will involve Apple technology, these principles are completely applicable to those who build their home computer network on Windows technology. (RI/RC)

Travis Mohlenbrink, owner of several Peoria restaurants, takes OLLI members behind the scenes at Thyme Kitchen + Craft Beer.
Assistive listening devices are available for all classes. Call 677-3900 for information.

RI = Returning Instructor  
RC = Repeat Class  
NI = New Instructor  
NC = New Class

opportunities to improve agriculture to meet a growing demand and changing diets. The instructors will provide insights into the role of pollution on agriculture, opportunities to improve agriculture, and adapting agriculture to meet new needs. The class instructors are Donald Ort, Elizabeth Ainsworth, Carl Bernacchi, and Marty Williams, USDA-ARS scientists and professors at the University of Illinois at Urbana-Champaign. (NI/NC)

35. Criminal Jury Trial
This is a repeat of a course offered in April 2017, but this time we will cover some more ground. We will get a little more “down and dirty” about pre-trial maneuvering and tactics in getting the best jury for our side, plus war stories to illustrate the points. If you have served as a juror, witness, or defendant in a criminal trial, watched the reporting of a trial, or have been indicted (or expect to be indicted), then this course will be of interest. We will look at a criminal trial from the standpoint of a judge, a prosecutor, and a defense attorney. We will discuss jury selection, conduct of the trial, and closing argument. Time will be given to questions and discussion. The class instructor is Arthur Inman, criminal defense attorney-at-law. (RI/RC)

36. Fair Trade Issues
   October 4 – Nancy Long: Fair Trade – An Alternative to Migration
   Nancy will discuss the fair trade movement, compare free and fair trade, discuss principles of fair trade, and talk about the fair trade shop in Peoria Heights. (NI/NC)
   October 11 – Tracy Fox: Fair Trade Artisans Worldwide
   Tracy will tell transformative stories from fair trade artisans, describe how community development empowers women by allowing them living wages, and discuss how artisans find outlets through fair trade. (NI/NC)
   October 18 – Eve Brimberry: Fair Trade Farming and Production
   Eve will cover the history of fair trade farming, stories of small farm co-ops, food products as a global village, and will conduct a taste test of fair trade chocolate and coffee. (NI/NC)
   October 25 – Steve Zika: Executive Director of Kidknits and Social Entrepreneur
   Steve will discuss how trade has transformed communities in Africa and South America through the development of curricula regarding world economic issues. (NI/NC)

Study group participants Chris and Ed Null take a break after a group discussion.

become classics? Which ones will you go to see? Some are touring already! (RI/NC)

32. Will It Go Up? Will It Go Down?
The focus of this class will be an analysis of stocks, bonds, mutual funds, ETFs and industries in current financial markets to determine the probability of the current upside or downside to make buy and sell decisions. Participation is encouraged in this class for intermediate and advanced investors. The class instructor is David Wynn, CFA and portfolio manager at Commerce Capital Advisors (part of Commerce Bank). (RI/RC)

33. World War I – The Great War
We are currently in the centenary of World War I (1914-1918), which destroyed four empires and killed millions. Due to our limited participation, however, it is a war most Americans know very little about. In this class, we will look at the causes of World War I, the strategies of the Allies and the Central Powers, why the conflict devolved into a trench war, the American involvement, and finally, the end of the war and the Paris Peace Conference of 1919. The class instructor is Bernie Drake, a local historian and frequent OLLI instructor who toured the battlefields in northern France and participated in a World War I seminar in 2016. (RI/RC)

BREAK 1:30-2:00 p.m.

2:00 - 3:00 p.m.

34. Agriculture on a Changing Planet
This class will delve into food security in a changing global environment, challenges facing agriculture, and
37. Four Perspectives on the Fall Festivals of The Lord
This course will look at the Fall Festivals of The Lord (Rosh Hashanah/New Year’s/Festival of Trumpets, Day of Atonement, Sukkot/Festival of Tabernacles) from four perspectives, looking at the whys, the hows, and means of the festivals. The class instructors are frequent OLLI volunteers Yona Lunken, Cheryl Rhodes, Eli Langsam, and Nathaniel Herz.  (NI&RI/NC)

38. Look What I Did

October 4 – Ironman and Ironwoman – Before, During, and After a Triathlon
Kip and Ann Strasma look like ordinary people, but they have finished multiple triathlons, including the Ironman – a 2.4-mile swim, an 112-mile bicycle ride, and a 26.2-mile marathon run, raced in that order and without a break. How do they train and prepare for such a grueling physical challenge, in addition to their demanding jobs and extensive community service? Join us as Kip and Ann take us inside the Ironman with audio, video, and photographs.  (NI/NC)

October 11 – An Unusual Life, Well-Lived – TV, Tambourines, and ‘Toons
Kevin Harlan has an exciting career that brought him back to Peoria in 2015 as VP and general manager of WMBD/WYZZ TV. He also makes tambourines considered by many professional percussionists to be the best in the world! In 1999, he was the executive producer of the top-rated children’s show in the country, Voltron: The Third Dimension, the first 100% computer generated series (it still looks good nearly 20 years later). Join us to learn more!  (NI/NC)

October 18 – Tarter Source – Surviving and Thriving While Print Journalism Transforms
Steve Tarter was born in England, raised in Boston, and educated at Bradley University. He came to the Journal Star in 1998, and has experienced many changes in the past 20 years of working at a printed newspaper. Steve has earned a level of trust achieved by very few. Join us as Steve shares his learning journey that has enabled him to evolve, survive, and thrive during industry transformation.  (NI/NC)

October 25 – Mild-Mannered Math Mentor Makes Math Marvelous
Mary Jane Sterling taught math at Bradley for 35 years and is a frequent OLLI instructor. She has also taught math to people around the world by writing six of the popular Dummies books and 12 related books, all available in five languages. Join us as Mary Jane tells about her experience as a global author.  (NI/NC)

39. The Music Industry in a Digital Age
The music industry has been turned on its head during the last two decades. In the matter of a generation, the physical means of replicating and consuming music has given way to a digital age. But have our laws kept up? This course explores the history of music licensing and how it struggles to re-invent itself in the new millennium. Learn about current copyright legislation, digital downloads, streaming services, and the controversy surrounding the compensation of our artists and composers. The class instructor is Carl Anderson, Bradley University Music Business Instructor.  (NI/NC)

40. The World of Herbs
In this class, we will explore the history of herbs, dating from the days when humans still inhabited caves to the present time. We will learn how to container-garden with herbs, utilize the concepts of companion planting, and determine which herbs are complementary to certain types of cooking. We will also learn about the herbs that are beneficial to our pollinator friends, such as bees and butterflies. The class instructor is Patricia Melaik, (RI/NC)
41. Poetic Forms
Many poets love playing with traditional (or new) poetic forms. This class will look at sonnets, villanelles, sestinas, and visual poetry. We’ll define these forms and look at some ways poets have used them. The class instructor is Jim Sullivan, professor of English, Illinois Central College. (RI/NC)

42. Tai Chi
Tai Chi is referred to as meditation in motion and is a practice that uses slow movements to help us increase vitality, strengthen the immune system, improve balance, and create a sense of well-being. In effect, each class can be thought of as a treatment session. Join Vickie Rapp, certified Tai Chi instructor, for this class that is sure to help us tune in to our bodies and develop a sense of relaxation and well-being. The class size is limited to 14 participants. (RI/RC)

43. Understanding the Importance of your Cash Flow in Retirement
A primary concern for many people is running out of money in retirement. In your working years, you received a paycheck to maintain your personal lifestyle. As you enter or journey through retirement, your paycheck is a combination of your pension, social security, and/or personal investments. This class will help you understand how cash flow planning is used to maintain a desired/sustainable retirement lifestyle. You will learn about different withdrawal strategies from your personal investments and tools and software available to help you make better informed decisions. The class instructor is Jeremy Kellem, CFP®, senior financial advisor with Merrill Lynch. (RI/NC)

SAVE THE DATES

Fall 2017 Registration Open House
Wednesday, July 26, 2017, 9:00 - 11:00 a.m.
Brochure arrives at post offices July 17

Winter 2018 Registration Open House
Wednesday, November 1, 2017, 9:00 – 11:00 a.m.
Brochure arrives at post offices October 23

Spring 2018 Registration Open House
Wednesday, January 17, 2018, 9:00 – 11:00 a.m.
Brochure arrives at post offices January 8

Summer 2018 Registration Open House
Wednesday, May 2, 2018, 9:00 – 11:00 a.m.
Brochure arrives at post offices April 23

In another behind-the-scenes tour, OLLI visited the Illinois American Water Company and museum.